



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_298_26

You asked:

I am writing to request answers to the following questions:

1. Does your health board have a dedicated ME/cfs clinic or team? This includes ME/cfs, long covid and post viral fatigue clinics for the entirety of this request.

Yes, our clinic is known as the Primary Fatigue Service.

2. What is the average wait time to be seen for a first appointment?

9 weeks.

3. What is the staffing of this team/clinic broken down into job roles and FTE?

All staff have integrated roles across our long-term conditions therapy services therefore unable to specify FTE related to the above clinical group specifically.

4. What is the referral criteria?

There is no specific referral criteria other than the patient having confirmed or suspected ME/CFS/long covid/post viral fatigue which requires therapy intervention. The referral must be completed by the General Practitioner, including relevant history, symptoms and investigation results. Each referral is triaged by a clinician before accepting onto the waiting list.

5. Does the team offer medical intervention for co-occurring conditions?

No. This is a therapy led service.

6. Is there a provision for young people (under 18s) with suspected or confirmed ME/cfs? Is this within the health board or referring out elsewhere?

The Primary Fatigue Service is for adults age 18+. There is no dedicated provision for young people.

7. Has there been a dedicated clinic in the past? If so how long and during when did it operate?

Not Applicable.

8. Do you have a diagnosis pathway for GPs to follow or refer into if they're unsure of whether someone has ME/cfs or long covid? If so could you explain it?

General Practitioners are guided by NICE recommendations, which describe both ME/CFS and long COVID as clinical diagnoses based on characteristic symptom patterns, duration of symptoms, and the exclusion of alternative causes, supported by appropriate assessment and investigations where indicated.

The Primary Fatigue service is currently therapy only and does not have diagnostic capabilities.