



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_275_26

You asked:

Question 1.

- **The latest version of the local guidelines used for the treatment of Uterine Fibroids.**
- **If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?**

Cwm Taf Morgannwg University Health Board (CTMUHB) utilises a combination of local clinical pathways and nationally recognised evidence-based guidelines for the management of uterine fibroids.

- Where available, local clinical pathways and guidance documents are used to support consistent management across the Health Board. These are typically aligned to national best practice and reviewed through internal governance processes.
- In the absence of a standalone comprehensive local guideline, clinicians are directed to follow the following national guidance:
 - NICE Guideline NG88 – Heavy Menstrual Bleeding: Assessment and Management
 - NICE Interventional Procedures Guidance relevant to fibroid treatments (e.g., uterine artery embolisation)
 - Royal College of Obstetricians and Gynaecologists (RCOG) guidance where applicable

Management decisions are made on an individual patient basis, considering symptom severity, reproductive wishes, and clinical factors, in line with these standards.

Question 2.

- **The latest version of the local guidelines used for the treatment of Endometriosis.**
- **If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?**

CTMUHB follows nationally recognised guidance, supported where applicable by local clinical pathways.

- The primary national guidance used is:
 - NICE Guideline NG73 – Endometriosis: Diagnosis and Management

In addition, clinicians may refer to:

- RCOG guidance and Green-top Guidelines

- British Society for Gynaecological Endoscopy (BSGE) recommendations for specialist care

Local pathways reflect these standards and support referral pathways, investigation, and management within the Health Board.

Question 3.

- **Which Hospitals within your catchment area are centres for the treatment of Uterine Fibroids and Endometriosis?**

Within CTMUHB, gynaecology services are delivered across multiple hospital sites, including:

- Royal Glamorgan Hospital
- Prince Charles Hospital
- Princess of Wales Hospital

These hospitals provide general gynaecology services, including assessment and management of uterine fibroids and endometriosis.

- More complex or specialist cases (for example, advanced endometriosis requiring tertiary-level intervention) may be referred to specialised centres in line with established regional pathways across NHS Wales.

Question 4.

- **Can I have a link to the formulary of formularies that cover the hospitals listed in Question 3.**

The formulary applicable to CTMUHB hospitals is accessible publicly via the following link:

- **Cwm Taf Morgannwg Medicines Formulary:** [Formulary](#)

This formulary outlines medications approved for use within the Health Board and supports prescribing practices across all our hospital sites.