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WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_195_26

You asked:

Does your Health Board provide any mental health services for under 18 year olds (e.g. CAMHS)?

If you do not, please reply stating that you do not provide mental health services for under 18 year olds and none of the other questions of this FOI are required as they are not relevant.

If you do provide mental health services for under 18 year olds:

- What is the age brackets for the mental health services for young people before they move to adult services (for example 0-18 year olds or 0-25 years old)?
- What do you call this service (for example Child and Adolescent Mental Health Services (CAMHS) or if there is a specific name you use)?
- What methods of referral do you accept (for example- referrals from GPs/schools)?
- Are self referrals an option? If so what are the requirements (e.g. minimum age)?
- What is your method of advising patients of appointments (e.g. text/post)?

I would also like to request a blank document of the following forms:

- The form used by GPs/schools to refer a young person
- The form used if a young person is referring themselves
- Any forms that are provided at the first appointment for the young person/parent to fill out in regards to contact information, preferences of methods of contact, who is attending the appointments etc
- Any relevant forms to indicate who is attending the appointment/aware of the referral (young person/their guardian/both) and which of the two should be contacted and if there is a preference of contact method

Our response:

- Cwm Taf Morgannwg University Health Board does provide Mental Health Services for under 18 year olds.
- The age bracket for Mental Health Services for young people before they move to adult services is 0–18-years-old.
- The service is called Child and Adolescent Mental Health Services (CAMHS)
- The service accepts referrals for a Part 1a Assessment from:
 - GP's

- Education services (e.g. schools, ALN coordinators, educational psychologists)
 - Social Workers
 - Health Visitors
 - Paediatrics and acute hospital services
 - Dietitians
 - Neurodevelopmental Services
 - Speech and Language Therapists
 - Health Psychology
 - Youth Justice and safeguarding services.
- Self-referrals aren't currently an option.
 - The service uses telephone, text messages and postal letters to advise patients of appointments.

The service doesn't use any forms as outlined above. The GP's refer to the service via an electronic system, and all other referrals are received in a letter format. Any information relating to methods of contact etc. would be updated on the Health Board patient administration system following acceptance of a referral.