



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_321_26

You asked:

Under the Freedom of Information Act, I would like to request the following information:

1) How many adults have been diagnosed with ADHD yearly since 2020, until 2025

We can confirm that the Health Board does not currently centrally record this information. We are however in the process of updating our data collection processes.

The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

2) What is the average time an adult who is currently on the waitlist has been waiting for an ADHD assessment (as of 05/06/2026)

Due to variation in how ADHD waiting lists are managed across services, we are unable to accurately calculate the average length of time that adults currently on the waiting list have been waiting for an assessment.

However, we are able to provide information on the longest recorded wait. As of 5 June 2026, the longest wait for an adult ADHD assessment is 262 weeks. It should be noted that there are multiple waiting lists of varying sizes across Cwm Taf Morgannwg, along with differences in the number of assessments completed per week and per month. As a result, the longest wait time is not a reliable indicator of how long an individual may wait to be seen, due to this variation across the region.

The Adult Directorate is currently exploring the option of moving to a single, centralised waiting list for adult ADHD assessments across Cwm Taf Morgannwg. This would support more consistent reporting and provide a clearer picture of waiting times in future.

3) What is the longest amount of time an adult has been on the waitlist for an ADHD assessment (as of 05/06/2026)

As of 5 June 2026, the longest recorded wait time for an adult on the ADHD assessment waiting list dates back to 1 June 2021, equating to a total of 262 weeks.

4) How many adults were waiting for an ADHD diagnosis in 2021?

We can confirm that the Health Board does not centrally record this information. As such, we would not be able to provide a full Health Board wide picture. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

5) How many under 18s were diagnosed with ADHD yearly since 2020, until 2025

Year	Number of under 18's diagnosed
2020	84
2021	165
2022	105
2023	129
2024	408
2025	447
Total	1,338

6) What is the average time an individual under 18 years old who is currently on the waitlist has been waiting for an ADHD assessment (as of 05/06/2026)

The average time an individual under 18 years old who is currently on the waitlist has been waiting for an ADHD assessment (as of 05/06/2026) is 53 weeks.

7) What is the longest amount of time an individual under 18 years old has been on the waitlist for an ADHD assessment (as of 05/06/2026)

There are currently 2025 children waiting an ADHD assessment with the longest wait being 103 weeks.

8) How many individuals under 18 years old were waiting for an ADHD diagnosis on 05/06/2021?

There were 383 children under the age of 18 waiting for an ADHD diagnosis.