Freedom of Information Request: Our Reference CTMUHB_312_26

You asked:

Following a search of your website and that of any formularies your organisation is associated with, we have been unable to identify any published guidelines for the treatment of the following conditions. Please could you confirm if Cwm Taf Morgannwg University Local Health Board has any local guidelines for the treatment of these conditions.

1. Obesity

Has Cwm Taf Morgannwg University Local Health Board published or updated any guidelines for the non-surgical treatment of obesity using oral or injectable medications since June 2024?	Please see response below.

2. Chronic Kidney Disease/Diabetic Kidney disease

Has Cwm Taf Morgannwg University Local Health Board published or updated any guidelines for the treatment of chronic kidney disease or diabetic kidney disease since June 2023?	Please see response below.

3. Type 2 Diabetes

Has Cwm Taf Morgannwg University Local Health Board published or updated any guidelines for the treatment type 2 diabetes since June 2023? (Note: We are focused on guidelines for the pharmaceutical control of blood sugars rather than guidelines for the management of diabetic patients prior to hospital procedures etc)	Please see response below.

4. Heart Failure

Has Cwm Taf Morgannwg University Local Health Board published or updated any guidelines for the treatment of heart failure with reduced, preserved or mildly reduced ejection fraction since June 2023?	Please see response below.

Our response:

1. Obesity

Local instruction was given to the health board following the release of the Welsh Health Circular (WHC/2025/043) regarding the prescribing of GLP-1 medication with the indication of obesity. Please see attachment 1.

National guidance is used within the health board including the Society of endocrinology guidance in prioritisation of patients who require GLP-1 medication. Please see attachment 2.

2. Chronic Kidney Disease/Diabetic Kidney disease

CTMUHB is in the process of updating its T2DM to reflect the new NICE guidance, but not yet finalised.

3. Type 2 Diabetes

Pan CTMUHB guidelines are in the process of being written for a T2DM prescribing and management pathway within primary and secondary care. In addition, for prescribing advice around management of T2DM in the older population guidelines are attached.

4. Heart Failure

No - We use NICE supported by all Wales guidance.