



## Freedom of Information Request: Our Reference CTMUHB\_96\_26

**This is a request for information under the Freedom of Information Act 2000.**

**I am a doctoral researcher studying the provision of menopause care (as per NICE definition: 'menopause care is described as the identification, assessment, support and management of menopause and its associated symptoms') for people treated for breast cancer within NHS services. I would be grateful if you could provide the information below as recorded by your Trust.**

Please note - Cwm Taf Morgannwg University Health Board does not have a specialist in menopause in the Breast Cancer Service. The support and care for this group of patients is provided via a combination of expertise within the Breast Cancer Care Team, Tertiary Oncology Centre and the Local Health Board Generic Menopause Service. This service prioritises the complex patients. Please see the specific answers provided below highlighted yellow.

### 1. Policy and pathways

**1a. Does your Trust have a written policy, guideline, or clinical pathway addressing menopause symptoms in patients treated for breast cancer?**

- No - However, there is an NHS Wales menopause policy for staff, which mentions cancer related menopause.
- If yes, please provide the document or a web link.

**1b. Is menopause care for breast cancer patients addressed within:**

- a) Breast cancer service guidelines
- b) Oncology service guidelines
- c) Menopause service guidelines
- d) Not formally addressed - There are recommendations in the NICE guidelines on menopause and there is a section on covering people with a personal history of breast cancer.

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### 2. Service provision

**2a. Does your Trust provide specialist menopause support specifically for patients with a history of breast cancer?**

- No - but the team link with the generic service and prioritising team.

**2b. If yes, which of the following are available? (Please tick all that apply)**

- Dedicated menopause clinic
- Joint oncology-gynaecology clinic

- Breast cancer nurse-led service - monthly menopause information session provided for breast cancer patients by the clinical nurse specialist.
- Referral to general menopause clinic - The team refer to a dedicated multi disciplinary team who will accept complex cases.
- External referral only

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### 3. Staffing and expertise

#### 3a. Are any of the following routinely involved in menopause management for breast cancer patients?

- Breast care nurses - Formal training, funded by Macmillan via the faculty of sexual health. Basic assessment undertaken as part of Holistic Needs Assessment
- Oncologists
- Gynaecologists
- GPs with special interest in menopause
- Menopause specialist nurses - Link have been established
- Sexual health specialist (including clinician/oncologist trained in sexual health and wellbeing)
- Other, please specify.....

#### 3b. Does your Trust provide specific training or education on menopause management in breast cancer patients for clinical staff?

- No

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### 4. Patient information and support

#### Does your Trust provide written or digital patient information, other than publicly available information, specifically addressing menopause symptoms after breast cancer treatment?

- Yes - We use the information provided by Breast Cancer Now.
- If yes, please provide copies or links.
- [Menopausal symptoms and breast cancer | Breast Cancer Now](#)
- [Menopausal symptoms and breast cancer \(BCC18\) | Breast Cancer Now](#)

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### 5. Data collection and audit

#### 5a. Does your Trust routinely collect or audit data on menopause symptoms or menopause-related quality of life in breast cancer patients?

- Yes - The data is collected as part of the holistic needs assessment

**5b. Has your Trust conducted any audit, service evaluation, or quality improvement project related to menopause care in breast cancer patients in the last 3 years?**

No

If yes, please provide the title and date.

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