



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Cwm Taf Morgannwg  
University Health Board



## Freedom of Information Request: Our Reference CTMUHB\_122\_26

### You asked:

I am writing to request the below information under the Freedom of Information Act 2000.

1. The number of young people (18-24 year olds inclusive) receiving mental health treatment- both community and inpatient.
2. The number of them who have been receiving treatment more than once (not their first time).

I would like the most recent figures you have available, and the same figures from January 2021.

### Our response:

#### 1. Inpatient

As of 17/03/2026, there are five patients currently receiving mental health treatment within Cwm Taf Morgannwg University Health Board (CTM) inpatient Wards.

#### Community

We are unable to provide this element of your request as we not centrally record this information. Our community services use a variety of systems to record this information. As such, we would not be able to provide a full Health Board wide picture. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours' time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

#### 2. Inpatient

As at 17/03/2026, five patients are currently recorded, and less than five of these have received treatment on more than one occasion within our mental health wards.

#### Community

We are unable to provide a Health Board response as we not centrally record this information. Our community services use a variety of systems to record this information. As such, we would not be able to provide a full Health Board wide picture. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

**I would like the most recent figures you have available, and the same figures from January 2021.**

**Inpatient**

We are unable to provide this information as it is not available to us through our current electronic patients record system.

**Community**

We can confirm that the Health Board does not centrally record this information and some services used paper based recording in January 2021. As such, we would not be able to provide a full Health Board wide picture. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.