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Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_239_26

You asked:

Further to your response ref: CTMUHB_534_25:

Could you also provide stats on how long the wait list is for those wishing to receive weight loss jabs through the NHS at CTM please?

Our response:

GLP-1 medications prescribed for the indication of weight management are currently only prescribed via the Adult Weight Management Service, (noted that the FOI CTMUHB_534_25 requested information on the Adult Weight management service previously, this response is considering that service alone).

GLP-1 medications are prescribed following the completion of the weight management intervention including dietary, physical activity and psychological wellbeing support in the Level 3 service (previously referenced in CTMUHB_534_25). To help inform the service identifying those with the highest clinical need for medications, further guidance is obtained from the Endocrine Society Joint Position Statement on *guidance for the phased introduction of new medical therapies for weight management (Dec 2023)* whereby patients are placed into one of four cohorts depending on their clinical circumstances. Consequently, the waiting time following the completion of the intervention can vary considerably depending on the clinical need. The longest waiter at phase 1 is currently at 6 weeks following the completion of their intervention. This wait increases to minimum of 2.5 years for a person in phase 4.