



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_424_25

You asked:

1. Local policy for falls prevention.

Please see attachment 1.

The CTMUHB Falls Policy has been provided, detailing the guidelines and procedures for the prevention and management of falls within our organisation, in line with National standards and evidence-based best practice.

Key summary of components within the policy are:-

Risk Assessments – requiring timely, thorough assessment of fall risk, especially for older adults and those with underlying health conditions.

Prevention Strategies – Specifies targeted interventions, including environmental and behavioural measures, medication review, and physical health improvement.

Management of Falls -Procedure to follow when a fall occurs, e.g. immediate care, reporting and post-fall assessment.

Responsibilities – defines staff roles in falls risk assessment, documentation, and training participation.

Continuous Improvement – Emphasises ongoing monitoring, review and learning from incidents to enhance future safety.

2. Falls assessment tool and care plans.

Please see attachment 1.

3. Local policy for use of bed rails.

Please see attachment 2.

4. Bed rails assessment tool and care plans.

Please see attachment 1.

5. Local policy for escalation of care for the deteriorating patient.

Please see attachment 3. Noting, this policy is currently being updated with latest national guidelines and should be available within the next few months.