



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_411_25

You asked:

1. The monthly number of adults that were assessed for ADHD from January 2022 to December 2024

We only have reportable data available from February 2024 onwards.

February 2024 to December 2024 – 479 Patients Assessed for ADHD

2. The monthly number of adults receiving an official ADHD diagnosis from January 2022 to December 2024.

We can confirm that the Health Board does not centrally record this information. To provide you with this data, would require a manual trawl through all patients waiting on the diagnosis waiting list. The Health Board estimates that the cost of locating, retrieving and extracting this data would significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

3. The latest figures showing number of adults waiting to be assessed for ADHD

4027 adult patients were waiting to be assessed, as of July 2025.

4. Current average waiting time

As of July 2025, the estimated waiting times for an initial adult ADHD assessment are as follows:

21.6 Months

Please note - These figures reflect the average time from referral to first appointment and are subject to change depending on demand and service capacity.

We continue to monitor demand and explore service improvements to reduce waiting times where possible.