



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_534_25

You asked:

Just getting in touch as I spotted that within the Aneurin Bevan Health Board there are currently more than 4,000 patients on the adult weight management waiting list, with routine waits of up to 10 years.

Routine referrals are temporarily suspended, with urgent referrals continuing, but "injectable medication capacity remains capped at 25 new patients a year".

1. Would you please be able to confirm how many patients are currently on the waitlist for weight adult management under the Cwm Taf Morgannwg Health Board please?

There are two levels of weight management assessment and intervention offered in Cwm Taf Morgannwg University Health Board (CTMUHB) currently. Therefore, we have referenced both below:

Level of intervention	Number of people waiting*
Level 2	127
Level 3	4237

*Data correct as of 1/12/25, some of these patients have been offered an appointment already.

2. It would also be hugely appreciated if you could provide the stats on how the current wait list compares year on year to previous wait times please?

The service commenced in 2022 therefore, we only have reference back until this date. The waiting list is a live list. Therefore, the data below shows the number of people waiting at financial year end for reference for Level 3.

	Number of people waiting (maximum number of weeks waiting)		
Level of intervention	Year end 31st March 23	Year end 31st March 24	Year end 31st March 25
Level 3	360 (accurate data not available)	1604 (66)	3146 (108)

Level 2 waiting numbers and times are relatively stable with most being seen with 14 weeks of referral year on year.

3. Also, in regard to injectable medication, could you please share who qualifies to receive this treatment and how is it decided who receives it please?

The service prioritises those accessing Level 3 services to access the medication based on highest clinical risk.

The specific reasons for patients being prioritised for commencing any weight management medication are according to the Guidance for the phased introduction of new medical therapies for weight management: A joint position statement by the Society for Endocrinology and Obesity Management Collaborative UK. Phase 1 has the highest clinical need, phase 4 has the lowest and are summarised below.

Patient cohort	Eligibility
Phase 1	• Precancerous or cancerous conditions in which weight loss would improve outcomes or aid access to therapies • Patients requiring urgent weight loss for organ transplant • Idiopathic intracranial hypertension (IIH) requiring frequent lumbar punctures and/or with visual compromise • Patients undergoing planned time-sensitive surgery (including bariatric surgery) for life-limiting conditions, where high BMI is the primary barrier to surgery and weight loss would be beneficial • Weight loss required for assisted conception in women under the care of a fertility service, in cases where weight loss would be beneficial** • Severe obstructive sleep apnoea (OSA), obesity hypoventilation syndrome (OHS) and/or severe asthma • Proven genetic cause of obesity and not eligible for Setmelanotide (Imcivree®)
Phase 2	Living with obesity and 3 or more weight related co-morbidities, including: • Chronic kidney disease (stages 3 or 4) • Pre-existing cardiovascular disease³ • Hypertension • IIH • Metabolic dysfunction-associated steatohepatitis (MASH) • Moderate OSA • PCOS • Pre-diabetes or T2DM • Restricted mobility affecting quality of life
Phase 3	Living with obesity and 2 weight related co-morbidities, including: • Arthritis • Chronic kidney disease (stages 3 or 4) • Dyslipidaemia

	• Pre-existing cardiovascular disease³ • Hidradenitis suppurativa or psoriasis • Hypertension • IIH • Metabolic dysfunction-associated steatotic liver disease (MASLD) • Mild OSA • Osteoarthritis • PCOS • Pre-diabetes or T2DM • Restricted mobility affecting quality of life
Phase 4	All other eligible patients as defined in NICE TA 875