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WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_161_25

You asked:

I am conducting research into perceptions of Down Syndrome in antenatal care and would like to request copies of communication materials sent to expectant women within your Trust.

Specifically, I would appreciate copies of the following:

- **Letters sent to expectant women advising of screening test results following combined or quadruple screening for Down Syndrome. If the content differs based on the likelihood of a high or low chance result, please provide examples of both.**

Cwm Taf Morgannwg University Health Board (CTM UHB) does not routinely send letters to expectant women advising of screening test results following combined or quadruple screening for Down Syndrome.

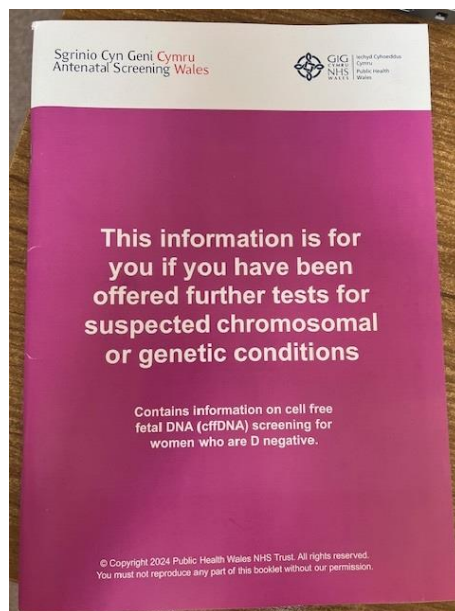
Screening results are sent to CTMUHB from Cardiff and Vale UHB, where the tests are processed.

These are viewed by the Antenatal Clinic (ANC) Midwife. All results are reviewed. All results are forwarded to the Community Midwives (CMW) so that they can relay the result to the woman at their 16 week Antenatal appointment. Some CMWs will print a copy of the result for the women if requested. The CMW will record the result in the All Wales Maternity Handbook. Antenatal Clinic also have a file in place where they record results to refer to if/when needed.

- **Letters or result notifications from Non-Invasive Prenatal Testing (NIPT), including examples for both high and low chance results if they differ.**

All expectant women who have a high chance results are contacted, by telephone in the first instance, and are counselled and offered further screening (NIPT). If consent is gained a further appointment for NIPT is made. Women attend ANC and are counselled. They have their NIPT.

If a high chance NIPT result is identified they are further counselled and offered an amniocentesis. The Antenatal Screening Wales booklet is given to women to support if appropriate at a face to face counselling appointment. This is the only hard copy material that is available and given. See image below.



Women are not given any other resources in hard copy/paper they are all signposted by their Community Midwife to the QR code below. This QR code can also be located in the patient's hand held notes. It provides all necessary routine screening information.

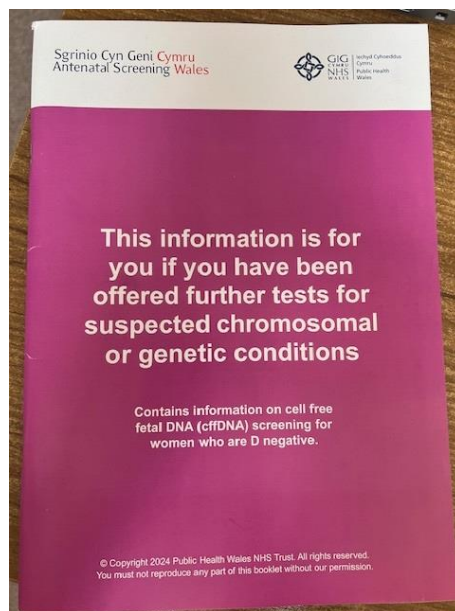


- **Letters or result notifications from Non-Invasive Prenatal Testing (NIPT), including examples for both high and low chance results if they differ.**

Results are also sent to CTM UHB by Cardiff and Vale UHB and reviewed by ANC Midwives. Women are then contacted and advised of their result appropriately.

- **Any materials provided to expectant women about Down Syndrome itself, including guidance on pregnancy and care following an antenatal diagnosis.**

We do not send letters to women advising of results if high chance. The booklet below is used to provide women with relevant information, including what happens when a high chance result is identified.



The support received and any potential referrals to fetal medicine, depends the nature of the high chance result.

We do not have/hold any specific information that we give routinely, the follow up and post care depends on diagnosis.