



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_138_25

You asked:

This is an information request relating to sick days taken by nurses

Please include the following information for the following financial years: 2021/22, 2022/23, 2023/24, and 2024/25:

The information provided below is taken from the Electronic Staff Record (ESR). Please note it takes 6 weeks for Healthroster to fully update ESR with sickness data, so the last full month would be January 2025.

1. Total number of days lost due to sick leave taken by NHS Nurses?

The numbers below relate to FTE Days lost for Nursing & Midwifery staff during the respective financial years.

Financial Year	FTE Days Lost
2021-22	99,515.12
2022-23	95,471.56
2023-24	88,747.32
2024-25*	80,315.57

2. The total number of NHS nurses who took sick leave

The numbers below relate to the headcount of sickness occurrences for Nursing & Midwifery Registered staff for the respective financial years (if a staff member has more than 1 sickness occurrence then the "headcount" will reflect the number of sickness occurrences i.e. if they have 3 sickness occurrences, they will be counted 3 times).

Financial Year	Headcount
2021-22	5,715
2022-23	6,299
2023-24	5,468
2024-25*	4,942

3. Total number of days lost to Mental Health issues taken by NHS nurses

The numbers below relate to FTE Days lost for Nursing & Midwifery staff for the sickness reason of "S10 Anxiety/stress/depression/other psychiatric illnesses" during the respective financial years (if a staff member has more than 1 sickness occurrence of "S10 Anxiety/stress/depression/other

psychiatric illnesses” then the “headcount” will reflect the number of sickness occurrences i.e. if they have 3 sickness occurrences, they will be counted 3 times).

Financial Year	FTE Days Lost
2021-22	30,753.43
2022-23	31,119.66
2023-24	30,578.09
2024-25*	29,945.35

4. The total number of nurses who required sickness absence on mental health grounds

The numbers below relate to the headcount of sickness occurrences for Nursing & Midwifery Registered staff for the sickness reason of “S10 Anxiety/stress/depression/other psychiatric illnesses” for the respective financial years.

Financial Year	Headcount
2021-22	654
2022-23	675
2023-24	682
2024-25*	664

5. The number of NHS nurses taking more than seven days of absence without a sick note

We can confirm that the Health Board does not centrally record this information.

Managing attendance at work policy states any absence over seven days must be covered by a fit note. However, this is managed locally by individual managers. To provide you with this information, would exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act. .

6. The total number of days lost in excess of the seven days. For example, if an individual has taken off 10 days without a sick note, then this would be 3 days in excess of the seven days.

Please see response to question 5.