



GIG  
CYMRU  
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WALES

Bwrdd Iechyd Prifysgol  
Cwm Taf Morgannwg  
University Health Board



## Freedom of Information Request: Our Reference CTMUHB\_261\_25

### You asked:

Please can you provide me with the below information:

In the last 6 months, please confirm if any Mental Health services have been outsourced:

If yes, please confirm:

### 1. The service provided E.G ADHD, Autism etc (please provide breakdown for each service if applicable)

Please note in responding to this request, we have defined the following terms below: -

- "Mental Health" - services within the Care Group.
- "Outsourced" – work provided by others which is core NHS work and which we more typically deliver within our Care Group.

We can confirm that no services have been outsourced within the last 6 months.

However, we outsourced therapy cases to Problem Shared from Community Mental Health Teams (CMHT) and Local Primary Mental Health Support Services (LPMHSS) therapy waiting lists. The contract with Problem Shared started in April 2023, initially for CMHT waiting lists only and was later extended to LPMHSS. The contract was initially for 12 months and this was then extended for a further year and it ended at the end of March 2025.

### 2. The name of the company each service was outsourced to

Teledoctor Ltd (Problem Shared).

### 3. Is there a contract in place and the length of contract for each service provided (if applicable)

There was a contract in place between 18th April 2023 – 31st March 2025.

### 4. The value of each service in the last 6 months

On a pro-rata basis, the value of the service in the last six months was £78,000.

**5. Please provide an email and contact name within the outsource provider**

Contact details are provided in the following link: [Contact details | ProblemShared](#)