



Freedom of Information Request: Our Reference CTMUHB_258_25

You asked:

I am writing to request information under the Freedom of Information Act 2000. I would like to request the following data held by NHS Services within the jurisdiction of your Health Board.

The request specifically seeks data disaggregated by **sex/gender** and **legal admission status** (voluntary, under the Mental Health Act, or under best interests due to lack of capacity), covering the period from **2018 to 2025**.

I would be grateful if you could provide the following:

1. Gender/Sex Data for Anorexia Nervosa Admissions (2018–2025)

For each calendar year from 2018 to 2025, please provide data on hospital admissions for the treatment of anorexia nervosa, broken down as follows:

- By **sex assigned at birth and/or gender identity** (please specify which you are reporting and include categories used, such as male, female, non-binary, other, or unknown);
- By **monthly figures**, where available;
- By **age groups** (ideally: under 15s, 15–17, 18–20, 21–23, 24–26, 27–29, 30–32, 33–35, and over 35s – but alternative breakdowns are acceptable if preferred);
- The **names of the hospitals or services** where patients received care.

2. Legal Status of Admission for Anorexia Nervosa Patients (2018–2025)

For each calendar year from 2018 to 2025, please provide the number of patients admitted for anorexia nervosa treatment under the following legal statuses, broken down as follows:

- Whether patients were **admitted voluntarily**, under the **Mental Health Act**, or under the **Mental Capacity Act (best interests decision due to lack of capacity)**;
- By monthly figures, where available;
- By age groups (as above);
- By gender/sex (as reported);
- With the names of the hospitals or services where care was provided.

Additional Notes

- If your systems record gender and sex separately, please indicate which is reported and how each is collected (e.g., self-reported, medical record, etc.).

- If any part of the data cannot be provided due to cost or time constraints under Section 12 of the Act, I would be grateful for any advice under Section 16 on how I might refine the request.
- If you anticipate that some categories may produce very low numbers, I am happy for small number suppression to be applied in line with data protection requirements.

Our response:

We can confirm that Cwm Taf Morgannwg University Health Board does not hold the detailed information you require. Cwm Taf Morgannwg residents receive Tier 3 Eating Disorder Services from the Cardiff and Vale University Health Board and Swansea Bay University Health Board. Therefore, you will need to redirect your request to the relevant Health Boards, whom provide these services to Cwm Taf Morgannwg residents.

Contact details are shown below in the following links:

Cardiff and Vale University Health Board - CAV.FOI.Requests@wales.nhs.uk

Swansea Bay University Health Board - FOIA.Requests@wales.nhs.uk