



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_95_25

You asked:

I am writing to request the attached information under the Freedom of Information Act 2000 about psychological support for parents who have experienced pregnancy or baby loss in Cwm Taf Morgannwg University Health Board.

1. Do you offer talking therapies for people following pregnancy/birth with staff trained in bereavement and grief counselling (please delete as appropriate)

For both parents	For the mother or birthing person only	For the father or partner only
No	No	No

2. Are people who have had the following experiences able to access these services? (Please delete as appropriate)

Experience	Both parents	Mother or birthing person only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	N/A	N/A	N/A
Termination of Pregnancy for Fetal Anomaly (ToPFA)	N/A	N/A	N/A
Stillbirth	N/A	N/A	N/A
Neonatal Death	N/A	N/A	N/A
Sudden Unexpected Death in Infancy (SUDI)	N/A	N/A	N/A

3. Do you offer a specialist clinical psychological support pathway through the NHS for people who have had the following experiences, with moderate to severe mental health illness? (Please delete as appropriate)

Experience	Both parents	Mother or birthing person only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	No	No	No
Termination of Pregnancy for Fetal Anomaly (ToPFA)	N/A	N/A	N/A
Stillbirth	N/A	N/A	N/A
Neonatal Death	N/A	N/A	N/A

Sudden Unexpected Death in Infancy (SUDI)	N/A	N/A	N/A
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4. If yes, what service do you commission?

N/A.

5. If you do commission a specialist therapy service, how long after the experience of pregnancy and baby loss are bereaved parents able to access the service?

- Up to one Year
- Up to two Years
- Indefinitely – parents can refer themselves at any time
- Other (please state)

N/A.

6. If you do commission a specialist therapy service, what was the average length of time bereaved parents waited to be seen by the service, following referral, in 2024 for:

- a. Assessment
- b. Therapy

N/A.

7. If you do commission a specialist therapy service, how long are parents able to access therapies from the maternal mental health service?

- Up to 6 weeks
- Between 6 and 12 weeks
- Between 12 and 24 weeks
- Indefinitely – for as long as therapy is needed
- Other (please state)

N/A.

8. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area?

Please see link provided below:

[Baby Loss Support - Cwm Taf Morgannwg University Health Board](#)