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NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_90_25

You asked:

I am writing to request information under the Freedom of Information Act 2000. I would be grateful if you could provide the following information regarding mental health services offered by your health board:

- 1. If no dedicated bipolar care pathway exists, what steps have been taken to ensure that existing pathways (such as EIP) are accessible and suitable for individuals with bipolar?**

We do not hold this information at this current time.

- 2. How many staff members in your health board have received specific training on bipolar care in the past five years?**

Core training for psychiatrists and psychologists covers a range of mental disorders, including bipolar disorder. No specific training on bipolar disorder or its related care is provided separately therefore no such data is held.

- 3. What is the current average waiting time for individuals with bipolar to receive care following referral?**

When a referral is made for assessment of a potential serious mental health problem, including bipolar disorder, the patient should receive a comprehensive assessment of needs, strengths and risks within 28 days, as per our referral to assessment targets for Mental Health services. Referrals made into Primary and Secondary Care services do not differentiate between diagnosis, and therefore we would not be able to provide a current average waiting time for care for patients who are referred into the service for bipolar disorder specifically. However, at last reporting, there were 575 outpatients on the waiting list, with the longest waiting individual referred into the service on 23/08/2021.

- 4. What plans does your health board have to improve early diagnosis and intervention for bipolar over the next five years?**

We do not hold this information at this current time.