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WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_61_25

You asked:

Subject- request for information on the provision of services for women with a diagnosis of chronic pelvic pain (CPP) in Wales

Reason for request- This information is being collected across the UK to build a picture of the services available for women with CPP.

1. Does the Health board have a chronic pelvic pain clinic? (yes,no)

No.

2. If yes- which specialities are involved? i.e. GP, radiology, gynaecology, urogynaecology, pain management, physiotherapy, gastroenterology, psychology?

If no- what service/pathway is available for women with chronic pelvic pain?

There is no dedicated Chronic Pelvic Pain clinic within the Pain Management Service. Patients are referred through the typical route as noted below and assessed by any of the pain consultants or clinicians within the service, all of whom are knowledgeable in pelvic pain management. Pelvic Pain patients usually undergo an MDT assessment.

The service pathway typically involves: - Gynaecology or Urogynaecology referring to physiotherapy, and physiotherapy may refer to pain management. Alternatively, Gynaecology or Urogynaecology might refer directly to pain management bypassing physiotherapy based on the referrer's request or preference. A direct referral from a GP is also possible. Any of the Consultants or Clinicians within the Pain Management Service can assess patients with pelvic pain conditions.

Physiotherapy:

Patients with chronic pelvic pain can receive a referral to Pelvic Health Physiotherapy from their GP, consultant, or core MSK physiotherapist. However, physiotherapy does not accept self-referrals for this condition.

3. What is the current referral time for patients to access this clinic and how many patients in total are waiting to access this service?

There are approx. 1200 patients waiting to access the pain service for a 1st appointment with an average wait of 35 weeks – longest wait being 98 weeks.

4. How many patients are currently under the care of this clinic?

There is limited electronic data to suggest specific clinic condition, therefore unable to provide a number at this stage of the request.

5. How many appointments per year does this clinic utilise?

Not applicable.

NB: this information is applicable only to CTMUHB.