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CYMRU
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WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_559_25

You asked:

Under the Freedom of Information Act, I would like to request the following information:

1. Do you commission a specialist weight management service? Yes.

a) Is it located within your catchment area?

Yes.

b) If not, where are people within your area requiring specialist weight management services typically referred?

Not applicable as service provided.

2. If you commission a specialist weight management service, is it currently accepting new referrals?

Yes.

a) And if it is not accepting new referrals, when did this come into effect?

Referrals still accepted.

3. Does the specialist weight management service you commission prescribe GLP-1RA weight loss drugs?

Yes.

a) And if yes, does this include the following (please specify all those it includes):

- **Liraglutide (Saxenda®)** – No
- **Semaglutide (Wegovy®)** – Yes
- **Tirzepatide (Mounjaro®)** – Yes

4.If yes, how many patients have been prescribed a GLP-1RA for weight loss through the service you commission?

149 patients have been prescribed medication by CTMUHB Adult weight management service since the service started to offer GLP-1.

5.If the service does not prescribe GLP-1RAs, is there a planned start date for when the services may begin prescribing GLP-1RAs for weight loss?

The service does prescribe.

6. Do you fund bariatric surgery for people living in your catchment area?

Tier 4 weight management services (bariatric surgery) is commissioned on an All Wales basis by the [Welsh Health Specialised Services Committee](#) (WHSSC). The Welsh Institute of Metabolic and Obesity Surgery (WIMOS) provides this service in Swansea.

7. Please list all the current criteria that are used for funding decisions regarding bariatric surgery - for example, but not limited to, BMI cut-offs, type 2 diabetes status, time in weight management service, requirement for preoperative weight loss, comorbidities etc.

CTMUHB weight management service will complete an assessment and may provide a non surgical intervention as appropriate by the level 3 service. The patient is then reviewed and referred for bariatric surgery following MDT discussion and discussion and agreement from the patient. WIMOS would then assess and make the decision for bariatric surgery. CTMUHB does not make the decisions around undertaking bariatric surgery.

The suitability for bariatric surgery comes from the All Wales weight management pathway guidelines:

Description	Criteria	Referral
Specialist surgical services	BMI > 35 kg/m ² and recently diagnosed	Referred and
Specialist pre-surgical assessment is conducted by the level 4 bariatric multi-disciplinary team (MDT) to identify person suitability and treatment needs. If suitability is confirmed, a range of surgical options will be considered and an appropriate procedure performed. Pre and post operative education and support is provided. Long-term follow-up, post-surgery, is provided by the bariatric MDT for a minimum of 2 years	diabetes (in last 10 years) BMI of >40 kg/m ² Lower criteria by 2.5 kg/m ² for people from black African, African-Caribbean and Asian groups	considered "suitable for surgery" by the level 3 MDT

And the NICE guidelines for Overweight and Obesity Management, 2025. Section 1.18

8. Is there a commissioned/designated bariatric surgery service located within your catchment area?

No – please see answer to question 6.

a) If not, where are people requiring bariatric surgery within your area typically referred?

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