



## Freedom of Information Request: Our Reference CTMUHB\_400\_25

### You asked:

Under the Freedom of Information Act 2000, I would like to request the following information regarding Adult ADHD Services in Cwm Taf Morgannwg University Health Board, covering the last 6 months (or most recent data available):

#### A. Waiting Lists

##### 1. The number of adults currently waiting for an ADHD assessment (as at the most recent month-end).

As at 31 July 2025, the number of adults waiting for an ADHD assessment at Cwm Taf Morgannwg University Board was 4027.

##### 2. The number of new adult referrals for ADHD assessment received in the last 6 months.

| Month         | Number of Referrals |
|---------------|---------------------|
| February 2025 | 149                 |
| March 2025    | 164                 |
| April 2025    | 133                 |
| May 2025      | 104                 |
| June 2025     | 107                 |
| July 2025     | 104                 |

##### 3. The average, shortest, and longest waiting times (in weeks) for adults from referral to first ADHD assessment.

- If possible, please break waiting times down by locality: Bridgend; Cynon Valley; Taff Ely / Rhondda; Merthyr Tydfil.

I can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

#### B. Shared Care Transfers (Private to NHS)

##### 4. The number of requests for shared care prescribing of ADHD medication following a private ADHD diagnosis.

##### 5. Of these, how many were accepted and how many were refused.

##### 6. The main recorded reasons for refusal (a short list of categories with counts is sufficient).

##### 7. The average processing time (in weeks) from receipt of shared care request to decision.

Response to Questions B. (4,5,6,7).

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### **C. Current Caseload & Staffing**

#### **8. The number of adult patients currently receiving ADHD medication under shared care prescribing arrangements.**

Cwm Taf Morgannwg University Health Board does not have an ADHD medication shared care agreement at present for adult patients.

#### **9. The number of whole-time equivalent (WTE) clinical staff delivering adult ADHD services (broken down by psychiatrists, nurse prescribers, and other relevant roles).**

Cwm Taf Morgannwg University Health Board does not have a group of staff who are dedicated to delivering ADHD services. ADHD is incorporated as part of the Community Mental Health Service remit.

### **D. Local Policy Documents**

#### **10. A copy of any local policy, guidance, or standard operating procedure used by Cwm Taf Morgannwg when deciding whether to accept private ADHD diagnoses for shared care.**

As stated above, there is no shared care arrangement in place at present. If a patient's ADHD medication has been initiated in the private sector and they wish to revert to NHS prescribing they would contact their GP. A referral will be made to the relevant Community Mental Health Team and placed on appropriate waiting list for review and transfer of prescribing and review responsibilities.

### **E. Recording & Monitoring Systems**

#### **11. Please confirm how the Health Board records and tracks ADHD waiting lists and shared care requests (e.g. which electronic systems, databases, or reporting processes are used).**

We use the Welsh Patient Administration System (WPAS) and internal reporting mechanisms using bespoke databases developed on Microsoft 365 applications to record and track ADHD waiting lists.

With regards to shared care request, I can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

#### **12. If no centralised system exists, please explain how these figures are compiled.**

Not applicable.