



GIG
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WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_206_25

You asked:

I am writing under the Freedom of Information Act 2000 to request information about the commissioning and provision of Falls Management Exercise (FaME) programmes.

FaME is a group based structured falls prevention programme delivered by Postural Stability Instructors (PSIs) trained by Later Life Training. It may be delivered under different local names.

We are collecting this information to map FaME provision across the UK, as part of a national analysis of falls prevention service provision to inform future policy and commissioning recommendations.

Please answer the following questions in relation to your organisation's commissioning and/or provision of FaME during the financial year **1 April 2024 to 31 March 2025**:

1. Commissioning

Did your organisation commission any FaME programmes delivered by PSIs during this period?

No.

2. Provision

Did your organisation provide any FaME programmes delivered by PSIs during this period?

No.

3. Participation

Approximately how many individuals took part in the FaME classes that you commissioned or provided during this period?

N/A.

4. Programme Duration

What is the typical length of the programme funded per participant?

N/A.

5. Toolkit Usage

Have you used the FaME Implementation Toolkit to support its commissioning or provision?



No.