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NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_177_25

You asked:

1. Does Cwm Taf Morgannwg University Health Board have specialist midwives dedicated to supporting women who use substances during the perinatal period?
 - If so, please provide any documentation available for these services, such as referral guidelines, service protocols, or links to relevant webpages or online resources.
2. Are there any other dedicated services within the Cwm Taf Morgannwg University Health Board area that provide care to women who use or are in treatment for substances during the perinatal period?
 - Please provide details on the service, including:
 - a. Who leads the service and which professionals are involved in delivering the care.
 - b. Whether this service is a partnership between:
 - i. NHS
 - ii. Third sector organisations
 - iii. Local authority
 - iv. Other organisations
 - c. If applicable, whether the service involves a manualised intervention, is an outreach service, or has a specific location.
 - d. Whether the service is provided by a national organisation, or any other relevant details.
 - Please provide any documentation, guidelines, or protocols related to these services, and/or any relevant URLs.

Our response:

1. We can confirm that in the Princess of Wales Hospital (PoWH) there is a Specialist Substance Misuse Midwife, co-ordinating and delivering the Substance Misuse Service via a Service Level Agreement (SLA) with Swansea Bay University Health Board. Following the reconfiguration of the Health Boards involving the abolition of Abertawe Bro Morgannwg University Health Board in 2019. A specialist clinic is held on Tuesdays in ANC running alongside the Medical Disorders ANC. The SLA is for 10.5 hours per week

Women who are misusing substances in the perinatal period are referred to the Specialist Substance Misuse Midwife by Community Midwives, Hospital based Midwives and Obstetricians, Social Services, South Wales Police, the Probation Service using a referral proforma at the earliest opportunity in the pregnancy. A copy of the referral form is attached (attachment 1).

2. CDAT (Community Drug and Alcohol Team) Mental Health Directorate: opiate substitution prescribers e.g. heroin → Buprenorphine, Alcohol detox

and harm reduction programmes. This service is offered in their premises and they conduct home visits for clients.

The DRYMESTER initiative is unique to CTM addressing alcohol misuse in women who continue to drink alcohol in pregnancy. It is a Health Board wide initiative hosted by the maternity directorate.

Third Sector

WCADA has been providing a range of treatment interventions for those affected by substance misuse for over 30 years. They provide services in Swansea, Neath Port Talbot and Bridgend and is one of the leading substance misuse treatment agencies in Wales. They provide pastoral harm reduction care for substance misusers and accept referrals from any agency, health care route or patient self-referral

Local Authority

Social Services Child Protection Service working hand in hand with multidisciplinary input to assess levels of parenting and providing support for families who need help to parent to an acceptable standard and in some cases, remove a child from a family in the child's best interests. Support workers are allocated to a family to give intense support and guidance to promote parenting. They provide outreach services, all assessments done in the home if it is safe to do so.

Other Organisations

1. Dyfodol part of the Dept. of Justice Probation Service, who provide opiate substitution prescriptions which is mandated by the Court as part of their court ordered judgement following breaching the law with an element of substance misuse e.g. shoplifting to fund a substance misuse habit
2. Barnados providing pastoral and parenting support to families of substance Misusing families. They provide outreach services
3. Womens Aid providing support to women and children escaping Domestic Abuse in the home. They provide outreach services