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Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_483_24

You asked:

I am writing to you under the Freedom of Information Act 2000 to request the following information from NHS Services falling under the jurisdiction of your Health Board. Please may you provide me with:

- 1. The total number of hospitalisations for treatment of anorexia nervosa within NHS Services falling under the jurisdiction of your Health Board, each year from Jan 2018 to Sept 2024 broken down:**
 - a. Into monthly figures;**
 - b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);**
 - c. The names of the hospitals or health services that have provided the patients with care.**

Under section 21 of the Act, Cwm Taf Morgannwg University Health Board is not required to provide information in response to a request if it is already reasonably accessible to you. We have answered a previous request in relation to questions **1 to 4** for the time period **2018 – 2020** that you require, and this response is published via our [Disclosure Log](#) on the [Cwm Taf University Morgannwg Health Board](#) web site.

For ease of access, we have attached a link directly to the information below:

- [CTMUHB 171 23](#)

With regards to data for 2021 and onwards, please see responses below:

The Health Board will not provide specific details for the number of hospitalisations for treatment by month of anorexia nervosa, due to the small numbers involved. We consider that there is a potential risk for the individual to be identified from the information provided if this was disclosed, when considered with other information that may also be in the public domain. Therefore, the data is classed as personal data as defined under the General Data Protection Regulation (GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute as unfair and unlawful processing in regard to Articles 5, 6, and 9 of GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.

Please see provided in the table below the number of hospitalisations/admissions for treatment of anorexia nervosa within Cwm Taf Morgannwg University Health Board:

	Age Categories
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Year	< 15	15 - 17	18 - 20	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35	35+
2021	21	26	**	0	**	0	**	0	**
2022	21	16	**	**	**	0	**	**	**
2023	10	21	**	**	**	0	0	**	6
2024 (Jan - Sept)	12	7	**	**	0	0	0	**	**

Please note:

- Where the figures are less than 5, this has been denoted by **.
- The data is based on all admissions for patients that has been admitted with a primary ICD10 diagnosis code for anorexia nervosa.
- This is not a guarantee a patient received treatment.
- There could be a delay in the coding process which would result in some patients not being included.

The hospitals that have provided the patients with care are as follows:

- Pinewood House
- Prince Charles Hospital
- Princess Of Wales Hospital
- Royal Glamorgan Hospital

2. The number of patients readmitted for anorexia nervosa within your Trust (whether previous admissions were within or outside your Trust) each year from Jan 2018 - Sept 2024 broken down:

a. Into monthly figures;

b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);

c. The names of the hospitals or health services which have provided the patients with care.

Please see response to question 1 (Section 40 (2) applied). In the table below the number of patients readmitted for anorexia nervosa has been provided:

	Age Categories								
Year	< 15	15 - 17	18 - 20	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35	35+
2021	5	6	0	0	**	0	0	0	0
2022	**	**	0	**	**	0	0	**	**
2023	**	**	**	0	0	0	0	**	**
2024 (Jan - Sept)	**	**	**	0	0	0	0	0	0

Please note:

- Where the figures are less than 5, this has been denoted by **.
- The data is based on any patient that was discharged and re-admitted within the same year with a primary ICD10 diagnosis code for anorexia nervosa.
- This is not a guarantee a patient received treatment.
- Where there was more than one re-admission within the same year only the first re-admission has been counted as the question stated how many patients.
- A patient could change age bands between discharge and re-admission within a year.
- There could be a delay in the coding process which would result in some patients not being included.

- The data has been requested per year therefore the same patient could be counted in multiple years.

The hospitals/health services that the patients were readmitted too, are as follows:

- Royal Glamorgan Hospital
- Princess of Wales Hospital
- Mental Health Services
- Prince Charles Hospital

3. The number of patients admitted for treatment of anorexia nervosa within your Trust, each year from Jan 2018 - Sept 2024 who were discharged broken down:

- Into monthly figures;**
- Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);**
- The names of the hospitals or health services which have provided the patients with care.**

Please see response to question 1.

4. The number of requests for beds for patients with anorexia nervosa within your Trust, each year from Jan 2018 - Sept 2024 broken down

- Into monthly figures;**
- Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);**
- The names of the hospitals or health services that have provided the patients with care.**

For Adult Services, requests for beds for patients with anorexia nervosa is not recorded.

For Child and Adolescent Mental Health Services (CAMHS), the number of referrals for beds is provided by year in the table below: -

Please see response to question 1 (Section 40 (2) applied to request for monthly breakdown).

Number of new admissions (referral reason Eating Disorder)		
Year	Age <15	age 15-17
2021	9	18
2022	7	8
2023	6	17
2024 (Jan – Sept)	5	6

5. The number of patients referred to your Tier 1 system of 'Primary care, community and voluntary sector services each year from 2018-2024. This also includes the Primary Care Mental Health Support Services'.

- Into monthly figures;**

- b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);**
- c. The names of the hospitals or health services that have provided the patients with care.**

Date	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	2020 Total (From April 2020)
Under 15	23	49	53	82	68	91	93	107	53	619
15-17	22	20	36	33	30	66	44	47	24	322
18-20	24	22	48	77	59	76	62	63	54	485
21-23	14	26	52	64	56	58	75	67	45	457
24-26	21	26	63	76	62	71	81	71	62	533
27-29	14	22	47	53	59	80	75	51	53	454
30-32	24	41	67	65	58	65	81	75	53	529
33-35	25	30	49	54	52	59	68	56	58	451
35 & Over	118	157	263	335	343	377	364	354	306	2617

Date	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	2021 Total
Under 15	72	80	113	176	232	260	270	159	301	325	378	309	2675
15-17	30	46	77	112	138	167	126	109	217	202	220	170	1614
18-20	59	61	90	75	61	76	63	75	65	71	118	70	884
21-23	58	74	75	68	58	67	79	73	77	79	83	66	857
24-26	67	56	82	70	59	71	79	59	75	69	81	52	820
27-29	67	64	62	61	56	70	65	65	68	73	94	64	809
30-32	71	78	100	72	65	67	63	59	84	92	91	47	889
33-35	48	55	59	57	44	51	72	65	74	83	78	49	735
35 & Over	326	331	438	360	346	384	386	389	443	397	432	354	4586

Date	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	2022 Total
Under 15	346	333	389	265	442	317	259	220	313	382	361	242	3869
15-17	214	215	248	187	246	184	194	158	185	236	228	172	2467
18-20	59	77	97	62	74	59	63	64	88	82	108	62	895
21-23	72	84	91	62	86	72	77	85	64	79	65	61	898
24-26	71	62	87	55	66	56	56	96	74	59	84	60	826
27-29	77	75	80	56	75	77	70	63	90	70	54	46	833
30-32	73	74	80	68	68	65	64	90	70	71	99	52	874
33-35	69	67	85	55	75	46	68	77	91	86	79	54	852
35 & Over	435	396	440	340	439	401	393	444	437	465	403	289	4882

Date	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	2023 Total
Under 15	371	394	327	156	227	243	190	122	189	211	195	166	2791
15-17	207	250	199	107	134	133	90	100	147	145	118	96	1726
18-20	70	73	67	50	91	76	69	52	70	91	81	68	858
21-23	67	72	73	59	83	90	72	67	64	66	78	58	849
24-26	67	65	71	60	75	79	94	83	85	83	75	58	895
27-29	71	64	73	73	68	70	88	78	68	81	76	60	870
30-32	65	95	86	72	65	55	92	79	82	66	72	64	893
33-35	78	75	80	76	73	75	81	84	84	88	98	66	958
35 & Over	438	394	458	392	399	464	391	452	483	498	455	333	5157

Date	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	As at 16/10/2024	2024 Total As at 16/10/2024
Under 15	184	175	196	211	188	195	179	90	163	93	1674
15-17	129	139	128	101	104	99	96	92	97	49	1034
18-20	94	75	74	70	54	50	64	51	62	35	629
21-23	77	52	57	64	65	71	69	48	77	33	613
24-26	74	65	82	86	64	55	62	66	77	27	658
27-29	87	81	69	89	92	73	75	74	73	32	745
30-32	66	72	63	80	60	57	84	59	87	36	664
33-35	67	68	61	74	83	61	85	63	68	38	668
35 & Over	434	489	428	469	441	375	458	397	380	208	4079

c. The names of the hospitals or health services that have provided the patients with care:

- Ysbyty Cwm Cynon
- Keir Hardie Health Park
- Trealaw Resource Centre
- Dewi Sant Health Park
- Arc Resource Centre
- Tonteg Child and Family Clinic
- Carnegie (Rhondda) Child and Family Clinic
- KHHP Child and Family Clinic
- YCC Child and Family Clinic
- Princess of Wales Child and Family Clinic
- Mental Health Matters, Querella Road, Bridgend
- Maesteg Hospital

6. The number of patients referred to your Tier 2 system of The Eating Disorders Intervention Team (ED-IT) each year from 2018-2024.
a. Into monthly figures;

Referrals for Eating Disorders	2020	2021	2022	2023	2024
January	0	**	0	0	20
February	0	8	0	0	22
March	0	**	0	0	12
April	0	**	0	0	23
May	0	0	0	0	23
June	0	0	0	0	16
July	0	0	0	0	15
August	**	0	0	16	30
September	**	0	0	5	24
October	**	0	0	23	7
November	0	0	0	20	
December	**	0	0	18	
Total	10	15	0	82	192

Please note:

- Where the figures are less than 5, this has been denoted by **.
- We are unable provide data for 2018, 2019.
- In May 2022, the team was closed to referrals due to single member of staff and service placed at risk. Following service improvement funding from Welsh Government there was investment in recruitment and training during 2022 and 2023. In August 2023 the service re-opened to referrals to the Health Board. Prior to the current team function and

delivery, data was not recorded with the provisions that are currently established.

- b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous).**

Age Range	2020	2021	2022	2023	2024
18-20	0	**	0	14	40
21-23	**	**	0	9	20
24-26	**	0	0	8	19
27-29	0	**	0	8	22
30-32	0	**	0	**	16
35+	7	6	0	39	75

- c. The names of the hospitals or health services that have provided the patients with care.**

The Tier 2 Eating Disorders Team cover patients across Cwm Taf Morgannwg University Health Board.

- 7. The number of patients referred to your Tier 3 system of 'Specialist Community Eating Disorder Services. The Service for High Risk Eating Disorders (SHED)' each year from 2018-2024.**

- a. Into monthly figures;**
b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);
c. The names of the hospitals or health services that have provided the patients with care.

Tier 3 Eating Disorder Services are provided by Cardiff and Vale University Health Board (UHB) for residents in living in Merthyr Tydfil and Rhondda Cynon Taf. Swansea Bay UHB offer services for residents living in the Bridgend area.

Therefore, you may wish to redirect this element of your request directly to:
Cardiff and Vale University Health Board - CAV.FOI.Requests@wales.nhs.uk
Swansea Bay University Health Board - FOIA.Requests@wales.nhs.uk

- 8. The number of patients referred to your Tier 4 system of 'Specialist Eating Disorder In-patient Units (outside Wales)' each year from Jan 2018- 2024.**

- a. Into monthly figures;**
b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);
c. The names of the hospitals or health services that have provided the patients with care (i.e. the Specialist Eating Disorder In-patient Units (outside Wales) where the patient was sent).
d. The names of the hospitals or health services the patients were referred from (i.e. the hospitals or health services inside Wales).

Tier 4 Eating Disorder Services are provided by Cardiff and Vale UHB for residents living in Merthyr Tydfil and Rhondda Cynon Taf. Swansea Bay UHB offer services for residents living in the Bridgend area.

Therefore, you may wish to redirect this element of your request directly to:
Cardiff and Vale University Health Board - CAV.FOI.Requests@wales.nhs.uk
Swansea Bay University Health Board - FOIA.Requests@wales.nhs.uk