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WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_245_24

Thank you for your request for information received on the 1 May 2024, regarding Psychological Therapies Waiting Times. Please find the response from Cwm Taf Morgannwg University Health Board set out below:

You asked:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from October 2020 to April 2024.

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- **Patients waiting up to and including 84 days**
- **Patients waiting 85 days and over and up to and including 126 days**
- **Patients waiting 127 days and over and up to and including 182 days**
- **Patients waiting 183 days and over and up to and including 252 days**
- **Patients waiting 253 days and over and up to and including 364 days**
- **Patients waiting 365 days and over**

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Please see provided in the tables below the number of patients who are waiting to start a psychological therapy (end of month census snapshot) for each month from October 2020 to April 2024.

2020/2021						
Month	Patients waiting up to and including 84 days	Patients waiting 85 days and over and up to and including 126 days	Patients waiting 127 days and over and up to and including 182 days	Patients waiting 183 days and over and up to and including 252 days	Patients waiting 253 days and over and up to and including 364 days	Patients waiting 365 days and over
Oct-20	188	58	57	80	90	38
Nov-20	198	78	57	53	76	40
Dec-20	213	66	65	55	75	49
Jan-21	192	63	61	37	55	52
Feb-21	220	68	60	38	28	39
Mar-21	236	56	63	34	26	30

2022/2023

Month	Patients waiting up to and including 84 days	Patients waiting 85 days and over and up to and including 126 days	Patients waiting 127 days and over and up to and including 182 days	Patients waiting 183 days and over and up to and including 252 days	Patients waiting 253 days and over and up to and including 364 days	Patients waiting 365 days and over
Apr-22	261	123	155	110	51	63
May-22	276	113	117	134	63	76
Jun-22	291	130	142	92	72	77
Jul-22	273	126	143	107	108	81
Aug-22	266	138	154	105	109	92
Sep-22	241	152	150	106	121	82
Oct-22	232	131	169	111	128	98
Nov-22	222	117	147	117	131	128
Dec-22	186	96	143	129	154	142
Jan-23	194	91	133	135	145	175
Feb-23	186	110	118	133	114	211
Mar-23	217	76	115	106	149	253

2021/2022

Month	Patients waiting up to and including 84 days	Patients waiting 85 days and over and up to and including 126 days	Patients waiting 127 days and over and up to and including 182 days	Patients waiting 183 days and over and up to and including 252 days	Patients waiting 253 days and over and up to and including 364 days	Patients waiting 365 days and over
Apr-21	235	78	55	31	30	39
May-21	264	84	71	33	26	38
Jun-21	294	81	65	29	21	35
Jul-21	305	73	70	29	27	37
Aug-21	283	129	88	32	25	29
Sep-21	265	139	90	59	26	32
Oct-21	277	115	86	44	31	32
Nov-21	241	133	83	54	43	37
Dec-21	229	128	109	48	48	37
Jan-22	247	112	140	39	51	39
Feb-22	222	126	158	58	53	44
Mar-22	273	104	135	90	43	61

2023/2024						
Month	Patients waiting up to and including 84 days	Patients waiting 85 days and over and up to and including 126 days	Patients waiting 127 days and over and up to and including 182 days	Patients waiting 183 days and over and up to and including 252 days	Patients waiting 253 days and over and up to and including 364 days	Patients waiting 365 days and over
Apr-23	174	108	103	86	120	214
May-23	174	104	94	101	101	221
Jun-23	171	103	96	77	98	206
Jul-23	182	82	115	90	89	207
Aug-23	187	99	91	88	105	203
Sep-23	200	114	87	93	99	195
Oct-23	234	121	117	98	113	133
Nov-23	246	114	141	73	62	135
Dec-23	212	121	129	126	61	137
Jan-24	197	125	135	141	55	123
Feb-24	243	135	156	145	66	115
Mar-24	283	98	165	141	92	107

Please could you also provide any known protected characteristics for the patients involved in this data. This could include age, ethnicity and gender.

We can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.