



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Cwm Taf Morgannwg  
University Health Board



## Freedom of Information Request: Our Reference CTMUHB\_117\_24

### You asked:

1. Please tell me the number of clinicians you have working at the Health Board who specialise in tic disorders.
  - The clinicians must have specialised practice in the three tic disorders set out in the DSM-5-TR: Tourette's Syndrome, persistent motor or vocal tics and provisional tic disorder.
  - I am aware the clinicians may diagnose and treat patients in a variety of sub-speciality roles including, but not limited to, neurology, neuropsychiatry etc. Please include all specialists regardless of the sub-speciality in which they practice.
2. Please tell me the clinician(s) start date of employment at the Health Board.
3. If there are currently no specialists working at the Health Board, please tell me how many you have had working at the Health Board in the past during the following years: 2018, 2019, 2020, 2021 and 2022.

### Our response:

Child and Adolescent Mental Health Services (CAMHS) - provides a service for patients with Tic Disorders (although Community Paediatrics do see some cases with comorbid tics).

Specialist CAMHS currently accepts referrals from GPs and Paediatrics for 0-18s with a primary presentation of tics. If the assessment concludes the tics are secondary to ASD, ADHD and not severe to warrant behavioural intervention or medication, the patient is discharged with self-help advice or, where appropriate, redirected to the ND service for further assessment. Cases meeting threshold for treatment are either offered habit reversal or medication. Severe cases typically have comorbidities such as anxiety; OCD that would also meet CAMHS criteria.

In total, we have 5 Psychologists and 5 Specialist Nurses trained in delivering Habit Reversal Therapy. We have 2 consultants with a special interest in Tic Disorders.

The Health Board is withholding details of the date of commencement in employment for individual clinicians. This decision has been made as it is not within the expectations of the individual that their personal data would be put into

**Cadeirydd/Chair:** Jonathan Morgan **Prif Weithredwr/Chief Executive:** Paul Mears

*Croeso i chi ohebu â'r bwrdd iechyd neu ein ffonio yn y Gymraeg neu'r Saesneg. Byddwn yn ymateb yn yr un iaith a ni fydd hyn yn arwain at oedi.  
You are welcome to correspond with the Health Board or phone us in Welsh or English. We will respond accordingly and this will not delay the response.*

<https://ctmuhb.nhs.wales>

the public domain. This information is classed as personal data of third parties and is therefore being withheld in accordance with section 40 (2) of the Freedom of Information Act 2000 (the Act) by virtue of section 40 (3) (a) (i) of the Act which permits a public authority to withhold personal data other than the requester's where the disclosure would breach a Data Protection Principle. The Data Protection Act 2018 (DPA) / General Data Protection Regulation (GDPR) defines personal data as data which relates to a living individual who can be identified solely from that data or from that data and other information which is in the possession of the data controller.

However, we can confirm the service as described above has been in place for at least 24 months.

Adults - Cwm Taf Morgannwg University Health Board commission Neurological Services from Cardiff & Vale (C&V) and Swansea Bay (SB) University Health Boards (UHB).

Therefore, you may wish to redirect this element of your request directly to:  
Cardiff and Vale University Health Board - [CAV.FOI.Requests@wales.nhs.uk](mailto:CAV.FOI.Requests@wales.nhs.uk)  
Swansea Bay University Health Board - [FOIA.Requests@wales.nhs.uk](mailto:FOIA.Requests@wales.nhs.uk)