



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_627_24

You asked:

Please provide, under the FOI Act, the following information in relation to adult ADHD waiting lists in Rhondda, Cynon and Taf respectively.

1. Number of adults on the waiting lists for ADHD diagnosis, and the date that the person at the top of the list joined the list as at 19th December 2024.

Area	Number Waiting	Joined Waiting List
Taff Ely East	750	20/09/2021
Taff Ely West	449	01/06/2021
Rhondda Fach	303	17/02/2022
Rhondda Fawr	208	26/07/2022
Cynon South	260	04/11/2022
Cynon North	242	27/06/2022

2. Number of adults on the waiting list for ADHD medication, and the date that the person at the top of the list joined the list as at 19th December 2024.

We can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

3. The clinical/medical staff employed in each team (role title and FTE).

- One While Time Equivalent (WTE) Advanced Nurse Practitioner (ANP) for Rhondda, 0.5 each for both Fach and Fawr but ADHD is only part of their role.
- There is no ANP for Cynon
- One 0.8 WTE ANP for Taf, 0.4 each for both East and West but ADHD is only part of their role.
- Two full time Staff Grade Doctors.

4. The "flow rate" of each waiting list, by week or month, in terms of number of appointments undertaken in 2024.

We are unable to provide this data in the format requested as our services are configured differently. Our data is split as follows: -

- Merthyr/Cynon
- Rhondda/Taf Ely
- Bridgend

From January 2025, our data will be split by each individual area.

5. Any information which relates to the need to enhance these teams to manage the growing waiting lists and any plans or attempts made to do so.

CTMUHB acknowledges that more clinical resources, including defined admin support is needed to keep up with the volume of referrals that are still currently being received. As these referrals are adding to the already significant waitlist, plans are underway to develop an ADHD workforce to meet this demand. For instance, the ANPs who work in outpatients have been trained to assess and in Bridgend Outpatients, they are piloting an ADHD service that has a dedicated Health Care Support Worker and an admin assistant support.

6. Any information where decisions have been made not to try and improve waiting times for diagnosis or medication titration and the rationale for the decision.

CTMUHB endeavour at all times to try and improve waiting times for ADHD diagnosis or ADHD medication titration, however this is not always possible due to the limited clinical capacity. CTMUHB are committed to providing an equitable service for all people referred for an ADHD assessment, therefore the rationale for expediting a specific referral would be dependent on the level of distress experienced, severity of symptoms and impact on that person's every day life. As these points are a common feature to some degree for the majority of people referred, any request to expedite would be discussed within the multi-disciplinary team meeting.