



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



Freedom of Information Request: Our Reference CTMUHB_604_24

You asked:

In line with the Freedom of Information Act (2000) we would like to understand your use and aftercare of the B. Braun Aesculap Simpson Shelf Vaginal Pessary and we would be grateful if you could respond to the following questions:

The B. Braun Aesculap Simpson Shelf Vaginal Pessary is used to relieve symptomatic prolapse of the Uterus where patients are either unwilling or unfit (chronic illness, old age) for surgery and the ring Pessary falls out. The Simpson Shelf Vaginal Pessary can be used as a stopgap, where surgery needs to be delayed or the patient requires limited relief. After initial fitting with a Medical Practitioner/ Gynaecologist, the maximum allowable time the Vaginal Pessary should be fitted without removal, for review and cleaning, is 3 months. After which the device should be cleaned and re-fitted.

Please would you respond to the following questions:

- 1. Job Title:** Urogynaecology Clinical Nurse Specialist
- 2. Hospital:** Cwm Taf Morgannwg University Health Board
- 3. Over the last two calendar years (Jan 23 – Nov 24) has your hospital/organisation experienced any failure of the Simpson Shelf Vaginal Pessary after implanting that relate to the materials used?**

No.

- 4. Over the last two calendar years (Jan 23 – Nov 24) has your hospital/organisation experienced any Adverse Events that were not reported to the MHRA and what side effects or adverse events occurred?**

No.

- 5. For the population of patients that your hospital uses an implanted Vaginal Pessary, do you feel there are other devices available that performs the same tasks as the Simpson Shelf Vaginal Pessary and which devices seem to have less adverse effects on this group of patients?**

Patients feedback is that they find the POPY pessary more comfortable to use especially during the insertion and removal of the pessary.

- 6. Are the ranges of sizes of the Simpson Shelf Vaginal Pessary from 51mm – 101mm adequate for your patient population?**

Yes, they are adequate.

7. Can you describe your experience of using the Simpson Shelf Vaginal Pessary with your patients and would you recommend its use to other clinicians at other Hospital or wider audience?

Some patients find the Simpson pessary useful where as other find it painful during the insertion and removal of the pessary. Some patients also says that the hook on the end is too long and this irritates them. The POPY pessary comes with a long and short stem and patients prefer this. If the Simpson pessary could have a long and short stem this would be beneficial to the patient.