

Freedom of Information Request: Our Reference CTMUHB_416_23

You asked:

This request relates to **outpatient/community patients discharged by your board who were being treated for an eating disorder** (primary or secondary eating disorder diagnosis; please include all eating disorders, i.e., ICD10 code F50: Eating Disorders).

- 1. Please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your board in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).**

We do not record a diagnosis at outpatient level, only for inpatient/daycase episodes via the clinical coding process – therefore we are unable to provide this data.

The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

- 2. Of those, please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your board with a BMI below 15 in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).**

Please see response to question 1.

- 3. Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:**
 - a) The number of patients that were discharged from a) a specialist community/outpatient eating disorder service if you have one, and b) general community/outpatient care.**
 - b) The number of patients that were a) aged 18 and above, and b) aged below 18.**
 - c) The number of patients who had a BMI of a) 14-14.99, b) 13-13.99, c) 12-12.99 and d) <12**
 - d) The exact BMI of the patient discharged with the lowest BMI**
 - e) Please provide a breakdown of where patients were discharged to - i.e., inpatient setting / another NHS Trust / palliative care / no onwards care organised by the trust etc. (If data is not recorded or retrievable in this format, please provide any information you have available concerning which NHS or non-NHS treatment/service these patients were discharged to)**

The health board commission external services to provide care for those whose BMI is below 15 and eating disorders that are within the severe and enduring category.

Contact details have been provided to the relevant organisations below. For further information, please contact them directly:

For the Cwm Taf locality please contact SHED -
ServiceForHighRisk.EatingDisorders.CAV@wales.nhs.uk

For the Bridgend contact –
SBU.EatingDisorderService@wales.nhs.uk

- 4. Please provide any internal board documents relating to the treatment of patients with a 'Longstanding Eating disorder' or 'Severe and Enduring Eating disorder' or 'Severe and Enduring Anorexia Nervosa' (otherwise known as 'L-ED' / 'SEED' / SE-AN) in inpatient and outpatients settings.**

Question 4 relates to documents such as guidance, policies, pathways, procedures etc. I am not asking for any documentation relating to individual patients, or staff emails etc.

Please see response to question 3.