

Freedom of Information Request: Our Reference CTMUHB_112_23

*Please note that Cwm Taf Morgannwg University Health Board was established on 1 April 2019. Therefore due to the timeframe requested, the information prior to this relates to the previous Cwm Taf area only and does not reflect the boundary change. Any information requests (prior to April 1 2019) relating to the previous Abertawe Bro Morgannwg University Health Board area (Bridgend) would need to be redirected to FOIA.Requests@wales.nhs.uk

You asked:

Restrictive practices in mental health inpatient settings

This request is in relation to recorded instances of restrictive practices within mental health inpatient settings managed by your Local Health Board. We recognise that restrictive practices may be recorded in a number of ways. This request relates exclusively to electronically recorded instances of restrictive practices, for example, those recorded within the Datix electronic records management system.

Please could you provide me with the following information in relation to restrictive practice within mental health inpatient settings for the financial years 2017-18, 2018-19, 2019-20, 2020-21 & 2021-22:

a) The total number of recorded instances of restrictive practices.

Please see information provided in the table below:

	Total Restraint Incident for Mental Health (inc CAMHS)	Where the Restraint information is recorded it Datix:
*2017-2018	139	Information recorded in PMVA form that has been attached as a document to the individual incident
*2018-2019	177	Information recorded in PMVA form that has been attached as a document to the individual incident
2019-2020	223	Information recorded in PMVA form that has been attached as a document to the individual incident
2020-2021	693	Recorded within the PMVA Section of the incident form
2021-2022	390	Recorded within the PMVA Section of the incident form
Total	1622	

- b) The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient);
- c) If physical restraint was used, was the individual restrained in a prone or supine position;
- d) The reason(s) for the use of restrictive practice;
- e) Where (e.g. which ward) and when the restrictive practice was used;

- f) The length of the restrictive practice;**
- g) The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing;**
- h) The protected characteristics of the individual, including age, gender, sex, disability, (broken down by impairment type, and ethnicity);**
- i) The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future;**
- j) The individual's involvement in the review;**
- k) A record to confirm that the relevant family members and carers have been informed and when this happened;**
- l) Incidents of the use of mechanical restraint;**
- m) Incidents of seclusion.**

We can confirm that all individual incidents of restrictive practices are recorded within the Datix system. However, the detailed information requested (questions b – m) is recorded in a separate document which is attached to the individual incident within the Datix system. As this is not information that the Health Board routinely compiles, we would have to carry out a specific exercise to collate this data.

From our preliminary assessment, we estimate that to comply with your particular request would exceed the appropriate costs limit under section 12 of the Freedom of Information Act 2000. This is currently £450 (18 hours). In reaching this decision, we estimate that it would take staff in excess of 270 hours to locate and review each incident. This figure is based on a timescale of 10 minutes per incident, there being 1,622 incidents to review. Therefore, to obtain the data would work out at approximately 270 hours @ £25.00 per hour (cost permitted under the Act) = £6,750. Therefore, we are unable to provide.