

Freedom of Information Request: Our Reference CTMUHB_262_23

You asked:

1. In each of the following financial years, how many adults with known drug and/or alcohol issues or dependence were referred to your psychological talking therapies service by a GP?

If data for the number referred 'by a GP' is not available, please provide the number referred from primary care.

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

2. How many of those in question 1 were a) accepted and b) declined for support from your psychological talking therapies service? Please break the information down by the following financial years.

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

3. In each of the following financial years, how many adults were referred to your psychological talking therapies service by drug and alcohol services?

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

4. How many of those in question 3 were a) accepted and b) declined for support from your psychological talking therapies service? Please break the information down by the following financial years.

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

Our response:

We do not run services in Wales under the Talking Together (IAPT) model and hence do not routinely capture/report the detailed information requested.

We can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.