

## Freedom of Information Request: Our Reference CTMUHB\_78\_23

### You asked:

This request relates to **inpatient admissions** to your NHS board with a primary or secondary diagnosis of an **eating disorder** (please include all eating disorders - i.e. ICD10 code F50 - Eating Disorders).

1. **Please state the number of inpatients with an eating disorder diagnosis that were discharged from your board in:**
  - a. **2018**
  - b. **2019**
  - c. **2020**
  - d. **2021**
  - e. **2022**
  - f. **Total (1 Jan 2018 to 31 Dec 2022)**

Please see information provided in the table below:

<b>Eating Disorder Inpatient Episodes: 2018 - 2022</b>	
<b>Year</b>	<b>Episodes</b>
2018	117
2019	139
2020	151
2021	177
2022	*153
<b>Total</b>	<b>737</b>

\*Please note where data is reliant on clinical coding, this has a completion timeline in arrears – therefore the data for 2022 will be incomplete.

2. **Please break down the yearly totals above by inpatient BMI at time of discharge in the following categories:**
  - i. **BMI > 18.5**
  - ii. **BMI 17-18.5**
  - iii. **BMI 16-16.99**
  - iv. **BMI 15-15.99**
  - v. **BMI <15kg**

We can confirm that BMI is not derivable from clinical coding. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.