

Freedom of Information Request: Our Reference CTMUHB_74_23

You asked:

I would be grateful if you could please answer the following questions with regards to both tier 3 and tier 4 weight management services within your Health Board.

Please answer as many questions as you can 1 – 9. If a question is not relevant, please state N/A.

Tier 3

- 1. Does your Health Board offer a tier 3 weight management service (or equivalent specialist weight management service)? Is it self-commissioned? If commissioned elsewhere, where (which health board/ social care trust)?**

Yes, CTM UHB offers a Tier 3 weight management service as of 20.2.23. This is a self-commissioned service.

- 2. For how many patients is your Health Board's tier 3 weight management service (or equivalent specialist weight management service) commissioned for?**

The service is commissioned for 100 new patients a year.

- 3. How many patients have been referred from your Health Board to a tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?**

As CTM UHB did not have a tier 3 weight management service until February 2023 there were no patients referred for a tier 3 service. A number of patients were referred to the Department of Nutrition and Dietetics for weight management. A retrospective triage of those patients has taken place from July 2022 only, and so we are unable to provide a full 12 month figure.

July 2022 to January 2023

Number of patients referred for weight management who met the tier 3 criteria = 321.

- 4. What is the average waiting time to access your Tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months?**

As CTM UHB did not have a tier 3 or equivalent weight management service until February 2023, we are not able to provide average waiting times.

Tier 4

- 5. Does your Health Board have access to a tier 4 weight management service? If so, who Commissions it?**

- 6. How many patients have been referred to your Health Board's tier 4 weight management service (or equivalent specialist weight management service) in the past 12 months?**
- 7. What is the current number of patients on a waiting list for Tier 4 weight management services in your Health Board?**
- 8. What is the average waiting time to access the Tier 4 weight management service?**

Tier 4 weight management service (bariatric surgery) is commissioned on an All Wales basis by the [Welsh Health Specialised Services Committee](#) (WHSSC). The Health Board does not hold this data. For information relating to this service, you may wish to contact WHSSC directly.

Their contact details can be found via the following link:
[Contact Us - Welsh Health Specialised Services Committee \(nhs.wales\)](#)

OTHER

- 9. How many patients were referred through the 'local enhanced service for referrals' to weight management services in your Health Board?**

Local Enhanced Service is not applicable to Wales.