

Freedom of Information Request: Our Reference CTMUHB_171_23

You asked:

I am writing to you under the Freedom of Information Act 2000 to request the following information from NHS Services falling under the jurisdiction of your Health Board.

- 1. The total number of hospitalisations for treatment of anorexia nervosa within NHS Services falling under the jurisdiction of your Health Board, each year from 2018 to 2020 broken down:**
 - a. Into monthly figures;**
 - b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);**
 - c. The names of the hospitals or health services that have provided the patients with care.**

The Health Board will not provide specific details for the number of hospitalisations for treatment of anorexia nervosa, due to the small numbers involved. We consider that there is a potential risk for the individual to be identified from the information provided if this was disclosed, when considered with other information that may also be in the public domain. Therefore, the data is classed as personal data as defined under the General Data Protection Regulation (GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute as unfair and unlawful processing in regard to Articles 5, 6, and 9 of GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.

Please see provided in the table below the number of hospitalisations/admissions for treatment of anorexia nervosa within Cwm Taf Morgannwg University Health Board:

Year	Age Categories								
	< 15	15 - 17	18 - 20	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35	35+
2018	12	14	0	**	0	**	**	0	**
2019	15	24	0	0	0	6	**	0	11
2020	22	18	0	0	0	0	**	0	**

Where the figures are less than 5, this has been denoted by **.

The hospitals/health services that have provided the patients with care are as follows:

- Royal Glamorgan Hospital
- Prince Charles Hospital
- Princess of Wales Hospital
- Mental Health Services

- 2. The number of patients readmitted for anorexia nervosa within your Health Board (whether previous admissions were within or outside your Health Board) each year from 2018-2020 broken down:**

- a. Into monthly figures;
- b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);
- c. The names of the hospitals or health services which have provided the patients with care.

Please see response to question 1 (Section 40 (2) applied). In the table below the number of patients readmitted for anorexia nervosa has been provided:

	Age Categories								
	<15	15 - 17	18 - 20	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35	35+
2018	**	0	0	0	0	**	0	0	0
2019	**	**	0	0	0	**	**	0	6
2020	5	0	0	0	0	0	**	0	**

Where the figures are less than 5, this has been denoted by **.

The hospitals/health services that the patients were readmitted too, are as follows:

- Royal Glamorgan Hospital
- Princess of Wales Hospital
- Mental Health Services

3. The number of patients admitted for treatment of anorexia nervosa within your Health Board, each year from 2018-2020 who were discharged broken down:

- a. Into monthly figures;
- b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);
- c. The names of the hospitals or health services which have provided the patients with care.

Please see response to question 1.

4. The number of requests for beds for patients with anorexia nervosa within your Health Board, each year from 2018-2020 broken down

- a. Into monthly figures;
- b. Into age categories (preferably under 15s, 15-17, 18-20, 21-23, 24-26 and 27-29, 30-32, 33-35 and over 35s, but alternative breakdowns are acceptable if this is considered too onerous);
- c. The names of the hospitals or health services that have provided the patients with care.

For Adult Services, requests for beds for patients with anorexia nervosa is not recorded.

For Child and Adolescent Mental Health Services (CAMHS), the number of referrals for beds is provided in the table below: -

Where the figures are less than 5, this has been denoted by **.

Month	Number of referrals for young people with eating disorders	
	<15	age 15-17
Jan-18	**	**
Feb-18	**	**
Mar-18	**	**
Apr-18	**	**
May-18	**	**
Jun-18	**	**
Jul-18	**	**
Aug-18	**	**
Sep-18	**	**
Oct-18	**	**
Nov-18	**	**
Dec-18	**	**
Jan-19	**	**
Feb-19	**	**
Mar-19	**	**
Apr-19	**	**
May-19	**	**
Jun-19	**	**
Jul-19	**	**
Aug-19	**	5
Sep-19	**	**
Oct-19	**	**
Nov-19	**	**
Dec-19	**	**
Jan-20	**	**
Feb-20	**	**
Mar-20	**	**
Apr-20	**	**
May-20	**	**
Jun-20	**	**
Jul-20	**	**
Aug-20	**	**
Sep-20	**	**
Oct-20	**	**
Nov-20	6	**
Dec-20	5	**