

Freedom of Information Request: Our Reference CTMUHB_391_22

You asked:

I would like to obtain information, via the Freedom of Information Act, from your Health Board.

1. Please can you provide information on the current wait time to access mental health services in your Health Board, by the number of days/weeks between initial referral to receiving the support.
2. Please can you provide information on how many people are currently on your waiting list to access mental health support?
3. Please can you also provide the number of referrals to mental health services made for young adults aged 16-25:
 - a. Per month for 2022 (year to date), 2021, 2020, 2019, 2018
 - i. If a breakdown by month is not possible, please provide a breakdown by year or year to date

Our response:

Please note Cwm Taf Morgannwg University Health Board was established in April 2019 and due to disparate systems we are unable to provide reliable data for all areas of the Health Board. Work is still ongoing to align some systems and procedures across the Board. However, for those areas where we are able to provide reliable data, these are given below.

- 1. Please can you provide information on the current wait time to access mental health services in your Health Board, by the number of days/weeks between initial referral to receiving the support.**

The average wait time is 1.1 weeks.

- 2. Please can you provide information on how many people are currently on your waiting list to access mental health support?**

As at 8 November 2022, there were 172 (one hundred seventy two) people on the waiting list.

- 3. Please can you also provide the number of referrals to mental health services made for young adults aged 16-25:**
 - a) Per month for 2022 (year to date), 2021, 2020, 2019, 2018**
 - i. If a breakdown by month is not possible, please provide a breakdown by year or year to date**

Please see response provided in the table below:

Date	Adult Data Source Referrals	CAMHS Data Source Referrals	Total 16-25 Referrals
Jan 2020	6	12	18
Feb 2020	186	20	206
Mar 2020	181	21	202
Apr 2020	61	2	63
May 2020	78	3	81
Jun 2020	155	7	162
Jul 2020	213	8	221
Aug 2020	184	6	190
Sep 2020	216	7	223
Oct 2020	229	2	231
Nov 2020	194	9	203
Dec 2020	161	2	163
Jan 2021	190	1	191
Feb 2021	196	9	205
Mar 2021	249	21	270
Apr 2021	216	27	243
May 2021	180	38	218
Jun 2021	227	36	263
Jul 2021	225	26	251
Aug 2021	231	20	251
Sep 2021	211	42	253
Oct 2021	228	36	264
Nov 2021	268	49	317
Dec 2021	191	21	212
Jan 2022	213	43	256
Feb 2022	233	34	267
Mar 2022	264	34	298
Apr 2022	187	27	214
May 2022	229	29	258
Jun 2022	206	22	228
Jul 2022	203	23	226
Aug 2022	251	26	277
Sep 2022	231	26	257
Oct 2022	217	37	254