

Freedom of Information Request: Our Reference CTMUHB_182_22

You asked:

I would be grateful if you could answer a few questions about your Tier 3 and Tier 4 specialist weight management (obesity-related) services,

1. Do you have a Tier 3 specialist weight management service for obesity, with multi-disciplinary input?

CTM UHB is in the process of establishing a Tier 3 weight management service, which is aiming to be operational in the Autumn of 2022.

2. How many patients have been referred to this service in the past year?

Patients for weight management are not referred for a particular Tier in CTM UHB with the exception of Tier 4.

The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

3. What medications are prescribed as part of this service? Specifically, are Orlistat (Xenical) and Saxenda (Liraglutide) prescribed? Or Wegovy (semaglutide) used for obesity management?

There is no current level 3 service. CTM UHB is in the process of establishing a Tier 3 weight management service, which is aiming to be operational in the Autumn of 2022.

4. Do you have a Tier 4 weight management service (i.e. weight-loss surgery)?

Tier 4 weight management services (bariatric surgery) is commissioned on an All Wales basis by the [Welsh Health Specialised Services Committee](#) (WHSSC). For information relating to this service, you may wish to contact WHSSC directly.

Their contact details can be found via the following link:

[Contact Us - Welsh Health Specialised Services Committee \(nhs.wales\)](#)

5. How many bariatric surgeries have been conducted in the past year?

Please see response to question 4.

6. Is there an obesity care pathway for referral and if yes, can this be shared?

CTM UHB is in the process of establishing a new Tier 2 and Tier 3 weight management service. This is hoping to be operational by autumn 2022. The obesity care pathway is currently in development and so there is nothing that can be shared at this time.