

Freedom of Information Request: Our Reference CTMUHB_117_22

You asked:

1. The number of people currently receiving support from Cwm Taf Morgannwg University Health Board's COVID Rehabilitation Hub for the long-term effects of coronavirus and persisting coronavirus symptoms (also known as 'long Covid').
2. The number of people in total who have received support from Cwm Taf Morgannwg University Health Board's COVID Rehabilitation Hub for the long-term effects of coronavirus and persisting coronavirus symptoms (also known as 'long Covid') since April 2020.
3. The number of patients referred to Cwm Taf Morgannwg University Health Board's COVID Rehabilitation Hub per month, since April 2020.
4. The number of patients discharged or released from Cwm Taf Morgannwg University Health Board's COVID Rehabilitation Hub per month, since April 2020.

Our response:

Please note the Cwm Taf Morgannwg University Health Board Long COVID Rehabilitation Service provides comprehensive, multi-disciplinary support, advice and education for those with Post COVID-19 Syndrome. The service was introduced early 2021 but not branded as the Long COVID Rehabilitation Service until March/April 2021. *The data reported below is reflective of this timeframe.

In response to the information requested:

- 1) There are 271 individuals being actively supported by the Long COVID Rehabilitation Service. Active caseload numbers are dependent upon referral and discharge rates which can vary month to month. As the service takes a bespoke and individualised approach to rehabilitation based on need, there is no set time limit for interventions to be delivered within. Current data is demonstrating that people are presenting with four or more Post-COVID-19 symptoms, including breathlessness, difficulties in concentration & memory, fatigue and anxiety/depression. All interventions delivered via the service are aimed at prompting self-management. In the recent CEDAR report commissioned by WG, the average number of follow up sessions recorded for CTMUHB (inclusive of the initial consultation) equates to 6 sessions.
- 2) During the period Jan 2021 – March 18th 2022 there have been a total of 1187 referrals received by the service.

3) Monthly activity breakdown:

Referral #:	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	
2021/2022	101	98	103	89	70	110	68	74	74	50	85	48	970

Referral #:	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	Jan-21	Feb-21	Mar-21	
2020/2021*										53	87	74	214

- 4) Development is underway in relation to reporting capabilities for the service. Monthly discharge rates vary due to there being no specified timeframe for interventions to be delivered within.