

Freedom of Information Request: Our Reference CTMUHB_220_22

You asked:

Please confirm and provide documents (PDF or word version) where available regarding the guidance on the use of melatonin during the period 2005-2010.

Specifically:

Indication recommended in children (and adolescents (if applicable))
Dose recommended in children (and adolescents (if applicable))
Formulations recommended (i.e immediate release, sustained release)

Indication recommended in adults
Dose recommended in adults
Formulations recommended (i.e immediate release, sustained release)

If it is easier to summarise the above in excel format this is fine but I would like the source document referred to as a PDF or word document.

Our response:

Please note that Cwm Taf Morgannwg University Health Board was established on 1 April 2019.

However, a search of medicines management/ pharmacy records show that we do not hold any documentation related to melatonin indications, formulation and dosages from the period 2005-2010.

Dosing, indication and formulation information would have been available in the British National Formulary (BNF) for Children. You may wish to contact [Pharmaceutical Press](#) (The Royal Pharmaceutical Society) if more general information is required.