

Freedom of Information Request: Our Reference CTMUHB_42_22

You asked:

ACCESS TO AQUATIC PHYSIOTHERAPY

1. On behalf of which NHS Trust / Health Board are you responding?

Cwm Taf Morgannwg University Health Board

2. Does your Trust / Health Board have access to a hydrotherapy pool?

- ☒ Yes
- ☐ No
- ☐ Not anymore

3. If you do have access are your hydrotherapy pools onsite or offsite? (Tick all that apply)

- ☒ Onsite
- ☐ Offsite (NHS Facility)
- ☒ Offsite (Non NHS Facility)

4. Were all your hydrotherapy pools open prior to the COVID-19 pandemic?

- ☒ Yes
- ☐ No

5. If you do not have access to hydrotherapy pools, please tick all answers that apply to answer why that is.

- ☐ Closed Due to COVID-19
- ☐ Lack of funds
- ☐ Insufficient space
- ☐ No local pool available
- ☐ Not enough adequately trained staff
- ☐ Lack of appropriate local patient population
- ☐ Other (please specify)

N/A.

6. How many hydrotherapy pools exist on your NHS Trust / Board's estate? Include those closed prior to COVID-19.

3 (One now closed for new hydro rebuild).

7. What are your closed hydrotherapy pools / departments now used for?

N/A.

REOPENING OF HYDROTHERAPY POOLS

8. Will all your hydrotherapy pools be re-opening?

- ☐ Yes, they are already open
- ☒ Yes, there are plans to reopen
- ☐ No
- ☐ Not sure / don't know

9. When are your hydrotherapy pools scheduled to re-open?

- ☐ Within 3 months
- ☐ Within 6 months
- ☐ Within 9 months
- ☐ Within 12 months
- ☐ Other (please specify)

One open now.
One within 3 months as planned maintenance
One in 18 months (new build)

10. If your hydrotherapy pools are not scheduled to reopen, why is that? (*Please select all that apply*)

- ☐ Changing area capacity
- ☐ Staffing to clean
- ☐ Access to pool
- ☐ Staff still redeployed
- ☐ Other (please specify)

N/A.

11. If your hydrotherapy pools are not scheduled to reopen, has a full public consultation taken place?

- ☐ Yes
- ☐ No

N/A.

12. If your hydrotherapy pools are not scheduled to reopen has an equality impact assessment taken place?

- ☐ Yes
☐ No

N/A.

OPERATING HYDROTHERAPY POOLS

13. If your hydrotherapy pools are open or scheduled to open is / will your aquatic physiotherapy (hydrotherapy) service capacity be reduced as a result of COVID-19?

- ☐ Yes
☐ No

Please see response to question 14.

**14. What capacity are / will you be able to offer compared to pre pandemic?
Please enter a percentage (%).**

Possibly reduced capacity depending on IPC and Government social distancing guidelines.

15. Is / will your service be provided on a 1:1 basis?

- ✓ Yes, **can offer one to one only in one (paeds) pool. Other can take small groups of adults and paeds**
☐ No we can take more than 1 patient in the pool at a time.

16. Is / will your service be provided with the therapist instructing from poolside

- ☐ Yes,
✓ **No our therapist is able to treat from within the pool But we offer poolside as well**

17. Approximately how many sessions did you have access to your hydrotherapy pools on a weekly basis pre pandemic? (Where one session = one morning, afternoon or evening clinic)

10

18. Approximately how many sessions do you currently have access to your hydrotherapy pools on a weekly basis?

Not fully restored service yet.

19. Which services use your hydrotherapy pools?

- ☐ Rheumatology
- ☐ MSK
- ☐ Orthopaedics
- ☐ Neurology
- ☐ Paediatrics
- ☐ Other (please specify)

All the above.

20. Are your hydrotherapy pools used by inpatient or outpatient services?

- ☐ Inpatients only
- ☐ Outpatients only
- ☒ **Both inpatients and outpatients**

21. Prior to the pandemic did you provide out of hours access to your hydrotherapy pools to patient groups or private groups? e.g. NASS, Private Clinics (Please provide a list)

- ☐ Yes
- ☐ No

We were beginning to explore this option but not progressed since pandemic.

22. Have these sessions restarted? (Please provide a list of those which have restarted)

- ☐ Yes
- ☐ No

N/A.

23. Do you currently audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

- ☐ Yes
- ☐ No

Not as a stand alone modality but patient based outcome as part of wider treatment interventions.

24. Please list outcome measures or tools used to audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

'PSFS score' Patient Stated Functional Score or 'GROC' Global Rated Of Change'.
Paediatrics use Goal Attainment Scales and patient experience measures etc but this would look at the period of intervention in which Hydro would may be only one modality .

25. If you are happy to be contacted for further information to support aquatic physiotherapy (hydrotherapy) services remobilise please provide an email address below.

N/A.