

Freedom of Information Request: Our Reference CTMUHB_475_22

You asked:

1. Please could you tell me the current wait list timeframe for Hip Replacement (Cwm Taf Morgannwg health board)

Please see response provided in the table below:

Referral to Treatment (RTT) Stage 4 (Awaiting Admission) Episodes for a Hip Replacement @ 30.11.22	
Wait in Weeks	Count
0-25 weeks	98
26-35 weeks	50
36+ weeks	389
Total	537

2. Please could you also confirm if there is anything currently in place to catch up with the backlog of operations cancelled due to the COVID pandemic (for hip replacement operations)?

- The University Health Board (UHB) is reconfiguring inpatient orthopaedic surgery to address the backlog of operations with the Royal Glamorgan Hospital becoming the centre for Inpatient Surgery, which will ring fence a 24 bedded ward with associated orthopaedic theatre capacity. All orthopaedic day surgery will be undertaken at Princess of Wales and Prince Charles Hospitals
- In an aim to improve waiting times, the UHB has started undertaking **hip replacements as a day case procedure**. This is a significant development in practice, is patient specific, not suitable for all patients and can only be done when safe and clinically appropriate.
- As part of the **Waiting Well initiative**, colleagues from Physiotherapy and Dietetics will be running a Welsh Government funded pilot for anyone waiting for a Hip or Knee replacement. This will be a virtual clinic which will include education and advice, covering pain, exercise, diet, lifestyle choices). Orthopaedic Consultants will issue leaflets to patients regarding the clinic and if successful the pilot will be further funded and rolled out across Wales.
- Also within Therapies, there is also an **Escape Pain Service** which isn't directly for any one waiting for surgery but advises on self-management of chronic pain. If deemed clinically appropriate, patients waiting for hip surgery could be referred into that service.
- Finally, the UHB has introduced the **MyMobility application** for patients awaiting total hip replacements, to provide rehab and pre-hab, ensuring patients are medically optimised for and when they have surgery they are able to be discharged sooner.