

Freedom of Information Request: Our Reference CTMUHB_323_22

You asked:

Please find my request below under the Freedom of Information Act.

FOI Request – mental health therapy/counselling waiting lists

1. How many individuals were on a waiting list to receive mental health therapy/counselling within your health board on

- a) 01/08/2022**
- b) 01/08/2021**
- c) 01/08/2020**
- d) 01/08/2019**
- e) 01/08/2018**

Please see available information provided below:

- a. 01/08/2022 - data not yet available
- b. 01/08/2021 - 586
- c. 01/08/2020 - 362
- d. 01/08/2019 - 281
- e. 01/08/2018 – data not recorded

2. Between 01/08/2020 and 01/08/2022, how long did it take, on average, for an individual to receive mental health therapy/counselling within your health board?

This information is not captured.

The Health Board does not hold the data in a format that would enable us to fully respond to your request to the level of detail required. The only way we could identify the information required relating to mental health therapy/counselling would be to review the case notes for all relevant patient during the time period requested.

As this is not information that the Health Board routinely compiles, we would have to carry out a specific exercise to collate this data. This would include a manual trawl and would significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.