

Freedom of Information Request: Our Reference CTMUHB_430_21

You asked:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from September 2020 to September 2021 inclusive:

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in I think). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Our response:

Please see provided in the table below the waiting list information for September 2020 to August 2021 as reported to Welsh Government. The September 2021 data is not yet available.

Month	Up to Incl. 84 Days	85 - 126 Days	127 – 182 Days	183 – 252 Days	253 – 364 Days	365+ Days	Total
Sep-20	138	41	55	84	35	33	386
Oct-20	188	58	57	80	90	38	511
Nov-20	198	78	57	53	76	40	502
Dec-20	213	66	65	55	75	49	523
Jan-21	192	63	61	37	55	52	460
Feb-21	220	68	60	38	28	39	453
Mar-21	236	56	63	34	26	30	445
Apr-21	235	78	55	31	30	39	468
May-21	264	84	71	33	26	38	516
Jun-21	294	81	65	29	21	35	525
Jul-21	305	73	70	29	27	37	541
Aug-21	283	129	88	32	25	29	586