

Freedom of Information Request: Our Reference CTMUHB_195_21

You asked:

I would like to make a Freedom of Information request under the Freedom of Information Act (2000). I would be grateful if you could answer the following questions:

1. How many patients have been referred or accepted for formal psychological therapy (ie therapy delivered by a registered psychologist, as opposed to a specialist nurse or counselor) in the Bridgend Locality/Area (ie Bridgend and the Maesteg/Ogmore/Garw Valleys) each year for the past 5 years
2. How many patients have had at least one appointment with a registered psychologist each year for the past 5 years for a primary mental health problem (ie not tinnitus, obesity, or some of the other non-psychiatric indications for psychology; I am referring in the main part to depression/anxiety and other common mental health indications)
3. How many patients have completed a course of treatment and been discharged by a psychologist for the same indications (ie common mental health problems)
4. How many registered psychologists are employed by mental health services working in, or mostly with patients in, the Bridgend Locality/Area (ie Bridgend and the Maesteg/Ogmore/Garw Valleys). It would be helpful to know how this equates in terms of full-time equivalency/days worked per week.

Our response:

Please note that Cwm Taf Morgannwg University Health Board was established on 1 April 2019. Therefore, we are only able to provide information from that date forward for the Bridgend area. Any information requests (prior to April 1 2019) relating to the previous Abertawe Bro Morgannwg University Health Board area would need to be redirected to FOIA.Requests@wales.nhs.uk

1.

2019-20		2020-21	
Referred	Accepted	Referred	Accepted
104	97	120	97

* Information provided does not include data from two areas where retrieval of the data in a timely manner and/or the integrated approach of the service made retrieval of specific referral and acceptance data not possible.

2.

2019-20	2020-21
88	76

* Information provided does not include data from one area where retrieval of the data was not possible.

3.

2019-20	2020-21
59	48

* Information provided does not include data from one area where retrieval of the data was not possible.

4.

Number of Psychologists	WTE
6	4