

Freedom of Information Request: Our Reference CTMUHB_302_21

You asked:

Can you please provide the following information under the Freedom of Information Act 2000. This query relates to services for people suffering with Chronic Fatigue Syndrome.

- 1. For the financial years i) 1st April 2018 – 31st March 2019, ii) 1st April 2019 – 31st March 2020, iii) 1st April 2020 – 31st March 2021 please indicate the number of patients in your Health Board with Chronic Fatigue Syndrome.**

We can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours' time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

- 2. If your Health Board deals with both adults and children, then please indicate numbers for both of these patient groups the financial years i) 1st April 2018 – 31st March 2019, ii) 1st April 2019 – 31st March 2020, iii) 1st April 2020 – 31st March 2021.**

Please see response to question 1.

- 3. Please outline what services and clinics are available within the trust for Chronic Fatigue Syndrome.**

There is no designated pathway in adult secondary care for the management of patients with Chronic Fatigue Syndrome. As part of the diagnostic process, patients may be reviewed in secondary care services including Rheumatology and Neurology in order to rule out autoimmune diseases or for conditions associated with Chronic Fatigue Syndrome. Consultants may also offer some advice to General Practitioners for example concerning autoimmune screening, or to suggest treatments such as a structured exercise programme and Cognitive Behavioural Therapy. Patients are not routinely reviewed in secondary care and the management of this condition is carried out in Primary Care.

- 4. If there are services available could you please indicate the length of the current waiting list?**

N/A.

- 5. Does the Health Board have plans to open any new Chronic Fatigue Syndrome services? If yes please provide details.**

The Health Board is currently working with Powys Teaching Health Board to explore the possibility of commissioning a CFS/ME service within CTM.