

Freedom of Information Request: Our Reference CTMUHB_526_21

You asked:

(Please provide a breakdown from the last 3 years - 2019 - present, in calendar years not fiscal)

1. After the first initial talking therapy session/mental health assessment how many patients waited more than the nationally set waiting time target of 6 weeks to begin their recommended psychological/talking therapy as determined by the initial assessment?

Should services be broken down into counties/divisions please provide a breakdown of this information.

We can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

The Health Board reports on the target waiting time of 26 weeks from referral to start of treatment.

2. And of those, how many waited (Should services be broken down into counties/divisions please provide a breakdown of this information.)

- **more than 6 months**
- **more than 9 months**
- **more than 12 months**

Please see response to question 1.