

Freedom of Information Request: Our Reference CTMUHB_283_20

You asked:

Please confirm if current antenatal care for multiple pregnancies (in 2020 and going forward) is delivered in, each unit, by a "a core team of named specialist obstetricians, specialist midwives and sonographers, all of whom have experience and knowledge of managing twin and triplet pregnancies" in accordance with NICE guideline NG137.

Where possible, could I please request the names, telephone numbers (direct dial), and email address' for the following positions in each unit;

- **Specialist multiple pregnancy obstetricians**

We have one Specialist who has overall strategic oversight for mono-chorionic twin pregnancies. Telephone: 01685 721721. Di-Chorionic, Di-Amniotic twin pregnancies are looked after by their own consultants, MC twins are referred to the Specialist Consultant for further management, and Triplets are referred to the University Hospital of Wales (UHW) directly as soon as they get diagnosed.

- **Specialist multiple pregnancy midwives**

We do not have a specialist midwife for twins. All midwives receive training in the management of twins. We have a Twins Guidelines which all staff utilise when providing care for twin pregnancies and also receive annual training through MDT emergency skills and drills.

- **Specialist multiple pregnancy sonographers**

They are routinely monitored by all Sonographers if remaining in our care.

Please may I also request the following data for each unit for the year 2017, 2018 and 2019:

- **Number of Multiple Birth Pregnancies (e.g. twins, triplets, quads +)**

- 2017 - 79 Multiple birth pregnancies.
- 2018 - 85 Multiple birth pregnancies.
- 2019 - 56 Multiple birth pregnancies.

- **Number of Foetuses delivered from a Multiple Birth**

Unable to provide an answer as the question is unclear.

- **Multiple Birth Still Births (number of babies)**

- 2017 - 0
- 2018 - Less than 5*
- 2019 - 0

- **Multiple Birth pregnancies resulting in an Emergency C-Sections**

- 2017 - 29 women
- 2018 - 37 women
- 2019 - 28 women

- Multiple Birth Neonatal Deaths (number of babies)

- 2017 - 5
- 2018 - 0
- 2019 - Less than 5*

- Multiple Birth Neonatal Admissions (number of babies admitted to a neonatal unit for their care)

- 2017 - 104 (115 if you include readmissions in the time period)
- 2018 - 85 (90 if you include readmissions in the time period)
- 2019 - 88 (91 if you include readmissions in the time period)

* Please note exact figures have been withheld due to the low numbers involved. Where numbers are low we have considered that there is the potential for the individuals to be identified from the information provided, when considered with other information that may also be in the public domain. Also, responses under the Freedom of Information Act are made available to the public at large. The data is classed as personal data as defined under the General Data Protection Regulation (GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute as unfair and unlawful processing in regard to Articles 5, 6, and 9 of GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.

We're keen to ensure as many healthcare professionals are aware of the services that the charity offers therefore please confirm:

If the specialist team members have undertaken CPD sessions on multiple pregnancy like these

<https://scanmail.trustwave.com/?c=261&d=5ozX31cZ2CRaDPA4i5Ffytt3RKqj8fuuv8WBEDKKYw&u=https%3a%2f%2ftwinstrust%2eorg%2fhealthcare-professionals%2fwebinars%2ehtml> in the past three years? Or if not, would they like to be notified of online sessions coming up?

Any opportunity for learning would be greatly welcomed.

If the team routinely recommends Twins Trust's (formerly Tamba) antenatal classes, preparing for parenthood and breastfeeding webinars, pregnancy and parenting guides and support services like these

<https://scanmail.trustwave.com/?c=261&d=5ozX31cZ2CRaDPA4i5Ffytt3RKqj8fuuv8TURmWENw&u=https%3a%2f%2ftwinstrust%2eorg%2flet-us-help%2fpregnancy-and-birth%2ehtml> to your expectant multiple birth families?

This resource is recommended to females and would be interested in any additional information leaflets or resources for signposting.

If the team are interested in being supported by our Maternity Engagement Quality Improvement Project (T-MEP) to improve care and

reduce poor outcomes like stillbirths, neonatal deaths, neonatal admissions and emergency caesarean sections like this

<https://scanmail.trustwave.com/?c=261&d=5ozX31cZ2CRaDPA4i5Ffytt3RKqj8fuuv5fUQjeHMw&u=https%3a%2f%2ftwinstrust%2eorg%2fwho-we-are%2fwhat-we-do%2fmaternity-engagement%2html> ?

Any additional support and resources is welcome in sharing new evidence and learning.