

Freedom of Information Request: Our Reference CTMUHB_328_20

You asked:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from April 2019 to September 2020:

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Our response:

Please see provided in the table below the data requested, as reported to Welsh Government:

Indicator		Date relating to				
		April 20	May 20	June 20	July 20	August 20
Number of patients who are waiting to start a psychological therapy (end of month snapshot)	Patients waiting up to and including 84 days	195	141	111	101	113
	Patients waiting 85 days and over and up to and including 126 days	80	125	114	79	35
	Patients waiting 127 days and over and up to and	74	95	115	134	80

	including 182 days					
	Patients waiting 183 days and over and up to and including 252 days	29	28	50	80	79
	Patients waiting 253 days and over and up to and including 364 days	23	22	23	22	25
	Patients waiting 365 days and over	19	24	23	28	30