

## Freedom of Information Request: Our Reference CTMUHB\_149\_20

### You asked:

We are conducting a research project exploring the epidemiology and management of patellofemoral instability. As such we would be grateful if you could provide us with the following information under the Freedom of Information Act, relating to the codes used in your hospital to document this condition and its treatment:

### Coding relating to diagnosis:

- patellar dislocation
- recurrent patella dislocation
- patellar instability

### Coding relating to treatment:

- Lateral release
- Trochleoplasty
- Tibial tubercle osteotomy including Elmslie Trillat / Maquet
- Medial patello-femoral ligament (MPFL) reconstruction
- Proximal realignment
- -Allograft (at the time of MPFL reconstruction)

If your trust does not manage this condition, I would be grateful if you could send a reply to this effect.

### Our response:

Please see provided the code combinations we would use in Cwm Taf Morgannwg University Health Board for the diagnosis and procedures listed in the request. There are a few procedures that would require further information to enable us provide any sort of code or code combination.

Please see codes/comments provided in red below:

### Coding relating to diagnosis:

- **patellar dislocation** - S83.0 (if congenital, Q74.1)
- **recurrent patella dislocation** - M22.0
- **patellar instability** - M23.5[0-9] code for knee joint, not specific to patella

### Coding relating to treatment:

- **Lateral release** - Not specific enough, more detail required to code.
- **Trochleoplasty** - W77.5, Y76.7(if arthroscopic), Z76.6
- **Tibial tubercle osteotomy** - W77.4, Z77.4, W28.1, Z77.4 including **Elmslie** Trillat W77.2 / **Maquet** T70.3 (coders are advised to code surgical eponyms with caution)
- **Medial patello-femoral ligament (MPFL) reconstruction** - W74.3, O27.1

- **Proximal realignment** - Not specific enough, more detail required to code.
- **Allograft** (at the time of MPFL reconstruction) Need more info regarding type of allograft. If bone = W32.2, if tendon = W32.8, any other type of allograft = Y01.2