

## Freedom of Information Request: Our Reference CTHB\_152\_19

### You asked:

#### **1) The number of people who have been referred to specialist sleep clinics within NHS Wales facilities between April 2009 and April 2019?**

Please note that we are only able to respond on behalf of Cwm Taf Morgannwg University Health Board (CTM UHB) patients. Should you require this information for the rest of Wales you will need to contact each Health Board individually. In order to fulfil our obligation under Section 16 to aid and assist, please refer to the website link below:

<http://www.wales.nhs.uk/ourservices/directory/localhealthboards>

Please note 2013/14 does not include a full year of referrals as the service was not registered until August 2013.

Please find below the number of outpatient referrals within CTMUHB:

<b>2013/14 - 2018/19</b>	
<b>Financial Year</b>	<b>Referrals</b>
2013/14	138
2014/15	581
2015/16	660
2016/17	755
2017/18	660
2018/19	570

#### **2) How many of those who have been referred to specialist sleep clinics within NHS Wales facilities (between April 2009 and April 2019) are prescribed selective serotonin re-uptake inhibitors for mental health conditions?**

The Health Board does not hold the data in a format that would enable us to fully respond to your request to the level of detail required. The only way in which we could identify the medications would be to review the case notes for every patient referred to in question 1.

As this is not information that the Health Board routinely compiles, we would have to carry out a specific exercise to collate this data. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act. Therefore, we are unable to provide.

#### **3) What percentage of those who have been referred to NHS Wales sleep clinics in this time frame are prescribed selective serotonin re-uptake inhibitors?**

Please see response to question 2.

**4) How many people were prescribed selective serotonin re-uptake inhibitors in Wales in 2018 in comparison to 2008?**

We are unable to provide this information. Please refer to responses above.

**5) How many people were referred for sleep study assessments in Wales in 2018 in comparison to 2008?**

The service was not registered until August 2013 therefore no data is available prior to 2013/14.