

Freedom of Information Request: Our Reference CTHB_74_19

You asked:

1. In 2017/18 how many times did the health board undertake a Waiting List Initiative*?

In line with the definition provided below, waiting list activity has been identified as activity undertaken on theatre lists which have been scheduled in addition to core activity i.e. elective/day surgery lists started between 1700hrs and 0800hrs or on a weekend. The response does not include core sessions that have been backfilled at additional cost.

I can confirm that 71 Elective/Day Surgery lists occurred between 1 April 2017 and 31 March 2018 and started either between 1700hrs and 0800hrs or on a weekend day.

2. What type of procedure / diagnosis did each initiative cover?

Procedure	Instances
RADIOFREQUENCY ABLATION OF VARICOSE VEIN OF LEG	62
LAPAROSCOPIC CHOLECYSTECTOMY	51
PRIMARY REPAIR OF INGUINAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	29
FLEXIBLE CYSTOSCOPY	23
PHACOEMULSIFICATION OF LENS AND INSERTION OF PROSTHETIC REPLACEMENT	22
UNSPECIFIED DIAGNOSTIC ENDOSCOPIC EXAMINATION OF BLADDER	18
PHAKOEMULSIFICATION OF LENS AND INSERTION OF PROSTHETIC REPLACEMENT	17
INJECTION OF LOCAL ANAESTHETIC AND STEROID INTO FACET JOINT	16
PHLEBECTOMY OF VARICOSE VEIN OF LOWER LIMB	16
REPAIR OF PARAUMBILICAL HERNIA	11
INJECTION OF NERVES TO LUMBAR SPINAL FACET JOINTS	8
FLEXIBLE DIAGNOSTIC CYSTOSCOPY	7
LOCAL ANAESTHETIC LUMBAR FACET JOINT NERVE BLOCK	6
REPAIR OF UMBILICAL HERNIA USING SUTURES	5
EXCISION OF PILONIDAL SINUS AND SUTURE HFQ	5
EUA - EXAM UNDER ANAES RECTUM	5
EXCISION OF PERIANAL SKIN TAG	4
REPAIR OF UMBILICAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	4
INJECTION OF THERAPEUTIC SUBSTANCE AROUND SPINAL NERVE ROOT	4
LOCAL ANAESTHETIC FACET JOINT NERVE BLOCK	4
PRIMARY LAPAROSCOPIC REPAIR OF INGUINAL HERNIA	4
MULTIPLE PHLEBECTOMY	4
LIGATION OF HAEMORRHOIDAL ARTERY	4
REPAIR OF VENTRAL HERNIA USING SUTURES	3
TRIGGER POINT INFILTRATION OF STEROID	3
ILIOINGUINAL NERVE BLOCK	3
INJECTION OF STEROID INTO SACROILIAC JOINT	3
OTHER SPECIFIED PRIMARY REPAIR OF INGUINAL HERNIA	3

Procedure	Instances
PRIMARY REPAIR OF INGUINAL HERNIA	3
LUMBAR EPIDURAL STEROID INJECTION	3
DIAGNOSTIC LAPAROSCOPY	3
SPINAL NERVE ROOT BLOCK	3
EXCISION OF PILONIDAL SINUS	2
EXCISION OF LIPOMA OF SUBCUTANEOUS TISSUE	2
EXCISION OF SEBACEOUS CYST OF HEAD OR NECK	2
INJECTION OF NERVES TO THORACIC SPINAL FACET JOINTS	2
INJECTION OF LOCAL ANAESTHETIC INTO SACROILIAC JOINT	2
EXCISION OF SWEAT GLAND BEARING SKIN OF GROIN	2
REPAIR OF RECURRENT INGUINAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	2
CAUDAL EPIDURAL	2
EPIGASTRIC HERNIORRHAPHY USING SUTURES	1
REPAIR OF SUPRAUMBILICAL HERNIA	1
EXCISION OF RECURRENT HIDRADENITIS SUPPURATIVE IN THE SUPRAPUBIC REGION.	1
EXTERNAL NEUROMODULATION	1
FACET JOINT NERVE BLOCK	1
INJECTION OF STEROID FOR LOCAL ACTION NEC	1
LAYING OPEN OF LOW ANAL FISTULA	1
MARSUPIALISATION OF PILONIDAL SINUS	1
RADIOFREQUENCY CONTROLLED THERMAL DESTRUCTION OF PERIPHERAL NERVE	1
PRIMARY REPAIR OF INGUINAL HERNIA USING SUTURES	1
REPAIR OF EPIGASTRIC HERNIA	1
REPEAT FLEXIBLE CYSTOSCOPY	1
COELIAC PLEXUS BLOCK	1
OTHER SPECIFIED INTRAMUSCULAR INJECTION	1
REMOVAL OF MOLE OF SKIN BY EXCISION	1
EXPLORATION OF GROIN NEC	1
INJECTION OF SACROILIAC JOINT	1
INTRAVENOUS INFUSION	1
REPAIR OF EPIGASTRIC HERNIA, UNSPECIFIED	1
LAPAROSCOPIC TEPS INGUINAL HERNIA REPAIR	1
LOCAL ANAESTHETIC SACRAL EPIDURAL BLOCK	1
REPAIR OF PARAUMBILICAL HERNIA WITH MESH PLUG	1
EXCISION OF ANAL SKIN TAG	1
EXPLORATION OF UMBILICAL WOUND AND REMOVAL OF SUTURE MATERIAL	1
LOCAL ANAESTHETIC SUPRASCAPULAR NERVE BLOCK	1
REPAIR OF INGUINAL HERNIA	1
ARTHROSCOPY OF KNEE JOINT	1
EXCISION OF SWEAT GLAND BEARING SKIN OF FEMALE PERINEUM	1
GREATER OCCIPITAL NERVE BLOCK	1
INTRAMUSCULAR INFILTRATION OF STEROID	1
TRIGGER POINT INJECTION	1
DENERVATION OF SPINAL FACET JOINT OF LUMBAR VERTEBRA NEC	1
OTHER SPECIFIED OTHER OPERATIONS ON PILONIDAL SINUS	1
CERVICAL EPIDURAL STEROID INJECTION	1
LA - LOCAL ANAESTHETIC NERVE BLOCK IN ABDOMEN	1
OTHER SPECIFIED REPAIR OF OTHER HERNIA OF ABDOMINAL WALL	1
REPAIR OF RECURRENT VENTRAL HERNIA USING INSERT OF PROSTHETIC	1

Procedure	Instances
MATERIAL	
PRIMARY REPAIR OF INCISIONAL HERNIA	1
INJECTION OF STEROID INTO SHOULDER JOINT	1
PRIMARY REPAIR OF FEMORAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	1
CATARACT (LEFT) URGENT	1
RADIOFREQUENCY CONTROLLED THERMAL DESTRUCTION OF SPINAL NERVE ROOT	1
REMOVAL OF SUTURE FROM SKIN NEC	1
MAYO'S UMBILICAL HERNIORRHAPHY	1
DESTRUCTION OF LESION OF UMBILICUS	1
UNSPECIFIED CONTINUOUS INFUSION OF THERAPEUTIC SUBSTANCE	1
LAPAROSCOPIC LEFT INGUINAL HERNIA REPAIR TEPS	1
PRIMARY MESH REPAIR OF INGUINAL HERNIA	1
CONTINUOUS INTRAVENOUS INFUSION OF THERAPEUTIC SUBSTANCE NEC	1
PROCEDURE ABANDONED	1
LOCAL ANAESTHETIC INFRAORBITAL NERVE BLOCK	1
HAEMORRHOIDECTOMY	1

3. How much did each initiative cost?

We do not report the cost of individual sessions separately but an indicative cost of staffing a theatre list outside of core hours including surgeon, anaesthetist and nursing time would be approximately £1,700 per list.

4. How many of the initiatives involved commissioning a private provider?

There were no waiting list initiative sessions involving a private provider. Private providers were used during the period for outsourced activity only.

5. In 2016/17 how many times did the health board undertake a Waiting List Initiative*?

I can confirm that 112 Lists occurred between 1 April 2016 and 31 March 2017 and started either between 1700hrs and 0800hrs or on a weekend day.

6. What type of procedure / diagnosis did each initiative cover?

Procedure	Instances
RADIOFREQUENCY ABLATION OF VARICOSE VEIN OF LEG	57
LAPAROSCOPIC CHOLECYSTECTOMY	42
EXTRACTION OF MULTIPLE TEETH NEC	24
PHLEBECTOMY OF VARICOSE VEIN OF LOWER LIMB	20
UNSPECIFIED DIAGNOSTIC ENDOSCOPIC EXAMINATION OF BLADDER	19
SURGICAL REMOVAL OF IMPACTED WISDOM TOOTH	19
PRIMARY REPAIR OF INGUINAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	18

Procedure	Instances
FLEXIBLE CYSTOSCOPY	18
EUA - EXAM UNDER ANAES RECTUM	13
INJECTION OF LOCAL ANAESTHETIC AND STEROID INTO FACET JOINT	12
MULTIPLE PHLEBECTOMY	10
BILATERAL DISSECTION TONSILLECTOMY	9
EXTRACTION OF IMPACTED WISDOM TOOTH	8
LAPAROSCOPIC STERILISATION	8
SIMPLE EXTRACTION OF TOOTH	8
SURGICAL EXTRACTION OF TOOTH	7
ADENOTONSILLECTOMY	6
INJECTION OF THERAPEUTIC SUBSTANCE AROUND SPINAL NERVE ROOT	6
CAUDAL EPIDURAL	6
INJECTION OF LOCAL ANAESTHETIC INTO FACET JOINT	6
EXCISION OF LIPOMA OF SUBCUTANEOUS TISSUE	6
REPAIR OF UMBILICAL HERNIA USING SUTURES	6
FLEXIBLE CHECK CYSTOSCOPY	5
INJECTION OF STEROID INTO FACET JOINT	5
EXCISION OF SEBACEOUS CYST	5
INJECTION OF STEROID FOR LOCAL ACTION NEC	5
INJECTION OF STEROID INTO SACROILIAC JOINT	5
INSERTION OF GROMMET	5
REPAIR OF RECURRENT INGUINAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	4
STANDARD CIRCUMCISION	4
THERAPEUTIC LUMBAR EPIDURAL INJECTION	4
SURGICAL REMOVAL OF IMPACTED PERMANENT CANINE TOOTH	4
EXCISION OF PILONIDAL SINUS	4
EXCISION OF PILONIDAL SINUS AND SUTURE HFQ	4
RADIOFREQUENCY CONTROLLED THERMAL DENERVATION OF SPINAL FACET JOINT OF LUMBAR VERTEBRA	4
CIRCUMCISION	4
EXCISION SEBACEOUS CYST	3
INGUINAL HERNIA REPAIR	3
EXCISION OF FIBROADENOMA OF BREAST	3
HYDROCELE OPERATION	3
INFERIOR OBLIQUE MYECTOMY	3
CHOLECYSTECTOMY	3
HYSTEROSCOPY	3
EXCISION OF LIPOMA OF SUBCUTANEOUS TISSUE OF HEAD OR NECK	3
FACET JOINT NERVE BLOCK	3
DISSECTION TONSILLECTOMY	3
OTHER SPECIFIED PRIMARY REPAIR OF INGUINAL HERNIA	3
REPAIR OF UMBILICAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	3
LOCAL ANAESTHETIC LUMBAR FACET JOINT NERVE BLOCK	2
INJECTION AROUND SPINAL FACET OF SPINE	2
RADIOFREQUENCY CONTROLLED THERMAL DESTRUCTION OF PERIPHERAL NERVE	2
PROPHYLACTIC DENTAL EXTRACTION	2
TRIGGER POINT INFILTRATION OF STEROID	2
RECESSION OF LATERAL RECTUS MUSCLE AND RESECTION OF MEDIAL RECTUS MUSCLE OF EYE	2
EXCISION LIPOMA LEFT SHOULDER	2
INTRODUCTION OF TRANSOBTURATOR TAPE	2
S/R - SURGICAL REMOVAL OF TOOTH	2

Procedure	Instances
PROBING OF NASOLACRIMAL DUCT NEC	2
OTHER SPECIFIED SURGICAL REMOVAL OF TOOTH	2
RECESSION OF MEDIAL RECTUS MUSCLE AND RESECTION OF LATERAL RECTUS MUSCLE OF EYE	2
INJECTION OF NERVES TO CERVICAL SPINAL FACET JOINTS	2
ACPCP - ANTERIOR COLPORRHAPHY AND POSTERIOR COLPOPERINEORRHAPHY	2
REPAIR OF RECURRENT UMBILICAL HERNIA USING INSERT OF PROSTHETIC MATERIAL	2
FULL DENTAL CLEARANCE	2
INSERTION OF STEROID INTO SUBCUTANEOUS TISSUE	2
UMBILICAL HERNIA REPAIR	2
ADENOIDECTOMY	2
TPI - TRIGGER POINT INJECTION	2
INJECTION OF THERAPEUTIC SUBSTANCE INTO JOINT	2
PRIMARY MESH REPAIR OF INGUINAL HERNIA	2
REPAIR OF INGUINAL HERNIA USING SYNTHETIC PLUG	2
UNSPECIFIED REPAIR OF RECURRENT UMBILICAL HERNIA	1
OPERATIONS ON HYDROCOELE SAC	1
EXCISION OF PENILE CYST	1
LEFT INGUINAL HERNIA REPAIR	1
X - EXTRACTION OF TOOTH	1
EXCISION (PILONIDAL) SCAR LEFT BUTTOCK	1
MEDIAL RECTUS ADVANCEMENT	1
INJECTION OF DESTRUCTIVE SUBSTANCE INTO SPINAL NERVE ROOT	1
LUMBAR EPIDURAL STEROID INJECTION	1
REPAIR (RECURRENT) RIH	1
EXCISION OF LESION OF EYELID NEC	1
RADOFREQUENCY DENERVATION OF LUMBAR SPINAL ROOT	1
SURGICAL REMOVAL OF IMPACTED TOOTH NEC	1
EXCISION OF PERIANAL SKIN TAG	1
LOCAL ANAESTHETIC BLOCK OF GENITOFEMORAL NERVE	1
PERCUTANEOUS RADIOFREQUENCY ABLATION OF LESION OF BONE	1
RIH (DIRECT) REPAIR	1
THERAPEUTIC CERVICAL EPIDURAL INJECTION	1
BASSINI REPAIR OF INGUINAL HERNIA	1
EXCISION OF LARGE LIPOMA UPPER LATERAL ABDOMINAL WALL	1
HAEMORRHOIDECTOMY	1
EXCISION OF WEDGE OF NAIL	1
BILATERAL INGUINAL HERNIA REPAIR	1
DIAGNOSTIC LAPAROSCOPY OF FEMALE PELVIS	1
RIGHT INGUINAL HERNIA REPAIR	1
INJECTION OF LOCAL ANAESTHETIC AND STEROID INTO KNEE JOINT	1
LA - LOCAL ANAESTHETIC BLOCK OF GENITOFEMORAL NERVE	1
LOCAL ANAESTHETIC CERVICAL EPIDURAL BLOCK	1
LOCAL ANAESTHETIC GREATER OCCIPITAL NERVE BLOCK	1
OTHER SPECIFIED OTHER OPERATIONS ON PILONIDAL SINUS	1
S2 PULSED RADIOFREQUENCY DENERVATION	1
DIAGNOSTIC LAPAROSCOPY	1
EXCISION OF SEBACEOUS CYST OF HEAD OR NECK	1
EXCISION SEB CYST PERINEUM/LEFT INNER THIGH	1
PARTIAL CHOLECYSTECTOMY NEC	1
EXCISION SEB CYST SCALP	1
LEFT INGUINAL HERNIA (INDIRECT) REPAIR	1

Procedure	Instances
PIRIFORMIS INJECTION	1
REPAIR OF (RECURRENT) UMBILICAL HERNIA	1
DENERVATION OF SPINAL FACET JOINT OF LUMBAR VERTEBRA NEC	1
INJECTION OF LOCAL ANAESTHETIC INTO SACROILIAC JOINT	1
PARAUMBILICAL HERNIA REPAIR.	1
RADIOFREQUENCY DENERVATION OF SPINAL FACET JOINT OF LUMBAR VERTEBRA	1
SURGICAL REMOVAL OF IMPACTED THIRD MOLAR TOOTH	1
BILATERAL HYDERADENITIS SUPPURITICA	1
BIOPSY OF LESION OF SKIN NEC	1
EXPLORATION LEFT GROIN / LIH REPAIR WITH MESH & PLUG	1
EXPLORATORY LAPAROTOMY	1
RADIOFREQUENCY CONTROLLED THERMAL DESTRUCTION OF SPINAL NERVE ROOT	1
RECTUS MESCLE TPI	1
SMALL FENESTRA STAPEDECTOMY	1
TOTAL CHOLECYSTECTOMY NEC	1
INTRODUCTION OF MIRENA COIL	1
EXCISION OF SEB CYST X2 (BACK & RT SHOULDER)	1
EXCISION OF SEBACEOUS CYST NEC	1
EXTN - EXTRACTION OF TOOTH	1
RADIOFREQUENCY DENEVATION L3 NERVE ROOT	1
REPAIR OF RECURRENT INGUINAL HERNIA	1
RIGHT INGUINAL HERNIA (DIRECT) REPAIR	1
UNSPECIFIED PRIMARY REPAIR OF INGUINAL HERNIA	1
EPIGASTRIC HERNIA REPAIR	1
EXPLORATION RT GROIN (RIH REPAIR)	1
INSERTION OF SUPRAPUBIC CATHETER	1
LEFT INGUINAL (INDIRECT) REPAIR	1
LEFT INGUINO-SCROTAL HERNIA REPAIR	1
OTHER SPECIFIED REPAIR OF RECURRENT INGUINAL HERNIA	1
ENUCLEATION OF DENTAL CYST OF JAW	1
INJECTION OF SACROILIAC JOINT	1
OPERATION ON BARTHOLIN'S GLAND NOS	1
PIRIFORMIS MUSLE INJECTION	1
EXCISION SEB CYST (X2) RT AXILLA	1
RADIOFREQUENCY DENERVATION LEFT L5	1
REPAIR OF UMBILICAL HERNIA	1
REPAIR OF SPIGELIAN HERNIA	1
RIGHT INGUINAL HERNIA (INDIRECT) REPAIR	1
SACRAL EPIDURAL STEROID INJECTION	1
KNEE GENICULAR BRANCH BLOCK	1
EXCISION OF EPIDIDYMAL HEAD CYST	1
EXCISION OF LIPOMATA X2	1
EXCISION SEB CYST LEFT SIDE OF NECK (ANTERIOR TRIANGLE)	1
HYSTEROSCOPY NEC	1
RADIFREQUNECY DENERVATION LUMBAR SPINAL ROOT	1
REPAIR OF EPIGASTRIC HERNIA	1
REPEAT FLEXIBLE CYSTOSCOPY	1
COELIAC PLEXUS BLOCK	1
DISSECTION TONSILLECTOMY AND ADENOIDECTOMY	1
EXTRACTION OF TOOTH	1
INJECTION OF PANCREATIC DUCT	1

Procedure	Instances
LEFT INGUINAL (INDIRECT) HERNIA REPAIR	1
TRIGGER POINT INJECTIONS NECK AND TRAPEZIUS	1
PRIMARY REPAIR OF INGUINAL HERNIA USING SUTURES	1
RADIOFREQUENCY DENEVATION L3 NR	1
INGUINAL HERNIORRHAPHY USING SYNTHETIC PATCH	1
EXCISION OF RECURRENT ? THROMOSED VARIX OVER RIGHT FOREARM	1
EXCISION OF ?RESIDUAL CYST LEFT GLUTEAL REGION	1
EXCISION OF FATTY TISSUE (LIPOMA) RIGHT LUMBAR AREA	1
EXCISION OF PILONIDAL SINUS IN NATAL CLEFT/LEFT BUTTOCK	1
EXCISION OF SNUS & NODULE RT GROIN	1
HYSTEROSCOPY: [DIAGNOSTIC NOS] OR [NEC]	1
OTHER SPECIFIED SIMPLE EXTRACTION OF TOOTH	1
PRIMARY REPAIR OF INGUINAL HERNIA AND REDUCTION OF SLIDING HERNIA	1
RADIOFREQUENCY ABLATION RIGHT SHORT SAPHENOUS VEIN (6MM)	1
EXCISION SEBACEOUS CYST FROM LOWER BACK UNDER LA	1
OTHER SPECIFIED PRIMARY REPAIR OF UMBILICAL HERNIA	1
REMOVAL OF MIRENA COIL	1
RIGHT INGUINAL HERNIA REPAIR	1
ZADIK PROCEDURE	1
PRIMARY REPAIR OF UMBILICAL HERNIA NOS	1
REMOVAL THIRD MOLAR	1
EPIDURAL STEROID INJECTION	1
REPAIR OF PARAUMBILICAL HERNIA	1
SURGICAL EXPOSURE OF TOOTH	1
SURGICAL REMOVAL OF WISDOM TOOTH	1
EXCISION OF LIPOMA	1
GREATER OCCIPITAL NERVE BLOCK	1
EXCISION OF LEFT MAMMARY DUCT FISTULA & HADFIELDS PROCEDURE	1
LEFT LEG PHLEBECTOMIES	1
FRENULOPLASTY OF PENIS	1
INJECTION OF THERAPEUTIC SUBSTANCE AROUND PERIPHERAL NERVE	1
CHECK FLEXIBLE CYSTOSCOPY	1
EXCISION OF VAGINAL WALL CYST	1

7. How much did each initiative cost?

Please see response to question 3.

8. How many of the initiatives involved commissioning a private provider?

Please see response to question 4.

***Waiting List Initiative, as defined by the Wales Audit Office in 2015:**

"Waiting list initiatives involve paying NHS staff to work outside their core hours – generally at weekends – to carry out elective activity. They can also involve commissioning elective activity from other private or NHS

health providers. This activity has traditionally been classed as 'additional' rather than part of 'core' NHS elective activity.