

You asked:

1. Do you specifically commission talking therapies for people following pregnancy/birth?

For both parents	For the mother only	For the father or partner only
Yes	n/a	n/a

1.1 Are people who have had the following experiences able to access these services?

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	No – unless recurrent miscarriages (>3)	n/a	n/a
Termination of Pregnancy for Fetal Anomaly (ToPFA)	Yes	n/a	n/a
Stillbirth	Yes	Yes	Yes
Neonatal Death	Yes	Yes	Yes
Sudden Unexpected Death in Infancy (SUDI)	Yes	Yes	Yes

2. Do you commission a specialist therapy service for the people who have had the following experiences?

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	No	No	No
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	No	No
Stillbirth	No	No	No
Neonatal Death	No	No	No
Sudden Unexpected Death in Infancy (SUDI)	No	No	No

3. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area?

Women will be given information in relation to services / support available to them such as Miscarriage Association, SANDS. Women experiencing symptoms relating to the loss which are more complex than grief will be offered referral to Perinatal Mental Health services – which are available across the Health Board. Patients supported within this service can access a psychologist in that team or may be referred on to psychological therapies within the Local Primary Mental Health Support Service. This support is generally aimed at mothers only however, fathers may be given advice and guidance and may access support for their own emotional or mental health needs through mainstream mental health services.

Also the UHB can direct families to the Wish Upon a Star organisation for any family who suffer a child /infant bereavement.